[](https://www.google.ca/imgres?imgurl=https://s-media-cache-ak0.pinimg.com/236x/da/fe/39/dafe3943c6f3b722ae7f3197ef6bf34e.jpg&imgrefurl=https://www.pinterest.com/pin/285626801339329001/&docid=Vn1vbLFPciH7fM&tbnid=qo3wUGr2Wfpo0M:&vet=10ahUKEwiKlqLwn8DTAhWE5yYKHQnXAbcQMwhSKCUwJQ..i&w=236&h=267&hl=en&bih=651&biw=1366&q=leaf%20scroll%20designs&ved=0ahUKEwiKlqLwn8DTAhWE5yYKHQnXAbcQMwhSKCUwJQ&iact=mrc&uact=8) Bella’s

Picnic Box Lunch

Call in your order at (709)544-2008

for quicker service. Thanks!

**Sandwiches**

On homemade white or whole wheat,

or gluten-free bread:

Roast Chicken $8

Roast Beef $8

Peanut Butter and Jam $4.75

Chickpea Salad  $6.75

**Treats**

**Energy Balls** WFPB, V, GF

$2 ea or 2 for $3.50

Sea Arch Brook Point Sea Stack

Pecans, peanut butter Cashews, nut butter Cocoa, dates, coconut

dates, raisins, coconut coconut, applesauce chia seeds, maple syrup

maple syrup flax seeds, dates rolled oats

**Cookies**

$2 ea or 2 for $3.50

Chocolate Chip Oatmeal Raisin

Peanut Butter  GF Ginger Snap  GF

**Squares, Muffins and Bars**

Chocolate Brownie $4

Blueberry Date SquareGF$4

Maple Pecan Date MuffinsGF $3

Granola Bars GF $3

Round Da Bay Inn – Main Road, Plate Cove West NL

www.rounddabayinn.com - (709) 544-2008

**Beverages**

**Cold Drinks**: $2.00

Juice: Apple and Orange

Soda: Coke, Pepsi, Ginger Ale

**Hot Drinks**: $2.00

Coffee

Tetley Tea

**Premium Organic Tea**: $2.50

from The Newfoundland Tea Co.

~ Cream Earl Grey ~ Wild Blueberry ~ Cinnamon Chai ~

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiM1IDclKznAhXkAZ0JHUXkBZ0QjRx6BAgBEAQ&url=%2Furl%3Fsa%3Di%26rct%3Dj%26q%3D%26esrc%3Ds%26source%3Dimages%26cd%3D%26ved%3D2ahUKEwid8NjWlKznAhURVc0KHeZ_D3MQjRx6BAgBEAQ%26url%3Dhttp%253A%252F%252Fclipart-library.com%252Fclip-art%252F412-4123710_berries-clipart-wild-berry-berries-clipart.htm%26psig%3DAOvVaw3V3jAlCtfqF5TQWjidM4B7%26ust%3D1580502469209517&psig=AOvVaw3V3jAlCtfqF5TQWjidM4B7&ust=1580502469209517) **Smoothies**: $5.75

12 oz of real fruit juice

Good Morning Sunshine

Pineapple, Mango and Strawberry

Happy Juice

Blueberry, Cherry and Melon

**From the Bar**

Beer:

Blue Star ~ Black Horse ~ Bud Light ~ Coors 6

Quidi Vidi Iceberg 7

Local Craft Beer by Port Rexton Brewing Co. 9



WFPB – Whole food plant-based: no dairy, no animal

products, minimal sugar and oil

Veg – Vegetarian: no animal products

V – Vegan: no animal or dairy products

GF - Gluten Free: We take utmost care in the preparation of gluten-free menu items to ensure there is no cross-contamination with gluten, however we do have wheat containing products in the kitchen so they may not be safe for those with celiac disease.