**DOXY.ME INSTRUCTIONS**

Doxy.me is an online HIPPA compliant platform for video therapy, similar to Zoom or Skype. It’s very easy to use, and here are the instructions so you can be ready before our first session. It works best when using Google Chrome as your browser. I would suggest taking a trial run of these steps the day before our session, to understand how it works, and work out any technical glitches you might encounter.

Once you open Google Chrome or your regular browser, click on the link below or copy/paste it into the search window. It should take you directly into my virtual “waiting room”. Make sure your volume and webcam are on. There’s no need to create a profile, just connect to mine a few minutes before our start time. If you can’t get online for some reason, text me at 760-699-7027. I look forward to seeing you soon! Bev Jewell

<https://doxy.me/coachbev>