the ice skating academy

The purpose of the ice skating academy is to provide people of all ages an affordable and positive ice skating experience. Quality instruction from tiny tots to adults in all disciplines of ice skating to promote physical health, self-esteem, and good sportsmanship.

hockey, figure, recreational - all ages, all levels

USFS #2735 P.O. Box 207 Atkinson, NH 03811

Class Information

The Ice Skating Academy is an accredited program that follows the United States Figure Skating & Hockey guidelines for both hockey and figure skating. Skaters will move through levels with ongoing evaluations by our professional skating staff. Small class sizes will help to enhance learning to provide a strong foundation of skills. ISA staff are certified professionals through United States Figure Skating and The Professional Skater Association. In order to take full advantage of the ice time, classes will always begin punctually. Classes will end with a ten-minute free skate, during which, family members may join us on the ice. Please follow the guidelines below for successful skating preparation: Skater's Needs

- single blade skates
- children under the age of six MUST wear a helmet
- skaters should dress warmly in comfortable clothes (layers are encouraged!)
- gloves or mittens
- skate rentals are available, FREE with lesson.

Learn to Skate Class

A forty minute class with a ten minute free skate. This class includes learning the fundamentals of skating through interactive and positive instruction. Classes will focus on the USFS skill levels including free skate and hockey guidelines. Skaters will build skills to further develop their skating.

\$15.00/week

The Tots Experience

A forty minute class offered to children ages 3-6. The focus of the class is to integrate children with their peers while learning how to skate. Classes offer fine and gross motor skills that help development throughout their young years. This experience is geared to be fun and enjoyable so that children will want to continue their skating experience while being active.

\$15.00/class

Adult Learn to Skate Class

A forty-minute class with a ten-minute free skate. Classes will offer detailed skating skills in a fun environment that incorporates exercise while building confidence. All levels, ages sixteen and older.

\$15.00/class

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Name of Skater		Male	/ Female
Age [OOB / /		
Parent/Guardian	 City	Phone	
Address	City	State _	Zip
Email			
Emergency Contact	Name	Phone	
New to Program? ye How did you hear ab	s / no out us?		
Level (please circle) LTSUSA #	Tots / Basic 1-6 / Hoo —	key 1-4 / Freeskat	e / Adult 1-6
Allergies/Other Impo	ortant Info		
Please check the cla	ıss you will be partici	pating in:	
Friday 1	: 00-1:50 –12/13-1/24	(No 12/27) (6 Wee	eks- \$90)
Sunday :	2:00-2:50 -1/5-2/9 (6	6 Weeks- \$90)	
Registration Fee of \$2	l Full Payment to: Incl 25.00 Fee \$25, Total	_	r LTSUSA
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contacted about char missed lessons. Only you decide to withdra second class. No refu always welcomed. Wa	ject to change dependinges through email. The medical or family emends from the class you had will be given after alk-on Fee \$17 a clas notified via email/tex	nere are no make urgency refunds winder must notify the director the second class. If class is cancer.	p classes for any Il be given. Should ector prior to the . New skaters are elled due to
Academy. I will not ho for any accident or inj traveling to or from V	ion for old the Veteran's Mem jury incurred while par eteran's Memorial Rin nsible for any lost or s	orial Rink or any IS ticipating in any IS <. The Veteran's M	SA staff responsible SA programs or while Iemorial Rink and/or