the ice skating academy

The purpose of the ice skating academy is to provide people of all ages an affordable and positive ice skating experience. Quality instruction from tiny tots to adults in all disciplines of ice skating to promote physical health, self-esteem, and good sportsmanship.

hockey, figure, recreational - all ages, all levels

USFS #2735 P.O. Box 207 Atkinson, NH 03811

Class Information

The Ice Skating Academy is an accredited program that follows the United States Figure Skating & Hockey guidelines for both hockey and figure skating. Skaters will move through levels with ongoing evaluations by our professional skating staff. Small class sizes will help to enhance learning to provide a strong foundation of skills. ISA staff are certified professionals through United States Figure Skating and The Professional Skater Association. In order to take full advantage of the ice time, classes will always begin punctually. Classes will end with a ten-minute free skate, during which, family members may join us on the ice. Please follow the guidelines below for successful skating preparation: Skater's Needs

- single blade skates
- children under the age of six MUST wear a helmet
- skaters should dress warmly in comfortable clothes (layers are encouraged!)
- gloves or mittens
- skate rentals are available, FREE with lesson.

Learn to Skate Class

A forty minute class with a ten minute free skate. This class includes learning the fundamentals of skating through interactive and positive instruction. Classes will focus on the USFS skill levels including free skate and hockey guidelines. Skaters will build skills to further develop their skating.

\$15.00/week

The Tots Experience

A forty minute class offered to children ages 3-6. The focus of the class is to integrate children with their peers while learning how to skate. Classes offer fine and gross motor skills that help development throughout their young years. This experience is geared to be fun and enjoyable so that children will want to continue their skating experience while being active.

\$15.00/class

Adult Learn to Skate Class

A forty-minute class with a ten-minute free skate. Classes will offer detailed skating skills in a fun environment that incorporates exercise while building confidence. All levels, ages sixteen and older.

\$15.00/class

the ice skating academy

Name of Skater		Male / Female
Age DOB	_ / /	
Parent/Guardian		Phone
Address	City	State Zip
Email		
Emergency Contact Name		Phone
New to Program? yes / no How did you hear about us	?	
Level (please circle) Tots / LTSUSA #	Basic 1-6 / Hoc	key 1-4 / Freeskate / Adult 1-6
Allergies/Other Important I	nfo	
Please check the class you	will be partici	pating in:
Friday 1:00-1:	50 –3/20-4/10 ((4 Weeks- \$60)
Sunday 2:00-2	:50 -TBD	
Mail Application and Full Pa Registration Fee of \$25.00 Program Fee Fee \$2		-
The Ice Skating Academy P.O. Box 207 Atkinson, NH 03811		
contacted about changes the missed lessons. Only medica you decide to withdraw from second class. No refunds will	rough email. Th al or family eme I the class you r Il be given after Fee \$17 a class	ing on enrollment. You will be ere are no make up classes for any rgency refunds will be given. Should must notify the director prior to the the second class. New skaters are s. If class is cancelled due to t message/on the website.
Academy. I will not hold the for any accident or injury inc	Veteran's Memo urred while part s Memorial Rink or any lost or st	to skate in The Ice Skating orial Rink or any ISA staff responsible ticipating in any ISA programs or whi c. The Veteran's Memorial Rink and/o olen items. e (Parent/Guardian)