



Our Mission

To provide effective, accessible and culturally responsive patient care, education and advocacy that promote health and quality of life for all residents in Metropolitan Richmond.



**Vernon J. Harris Medical and Dental Center**  
719 N. 25th Street  
Richmond, VA 23223

**Bermuda Medical Center**  
2740 Bensley Commons Blvd.  
North Chesterfield, VA 23237

**Glenwood Medical and Dental Center**  
2711 Byron Street  
Richmond, VA 23223

**Southside Medical Center**  
101 Cowardin Ave., Suite 102  
Richmond, VA 23224

**Northside Medical Center and Corporate Office**  
2809 North Ave.  
Richmond, VA 23222

**Greater Fulton Community Medical Center**  
1718 Williamsburg Rd  
Richmond, VA 23223

**Henderson Health Services**  
1500 North Lombardy Street  
Richmond, VA 23220

**Capital Area Health Network Corporate Office**  
P.O. Box 27947  
Richmond, VA 23261  
804-780-0840

cahealthnet.org

May 2, 2019

Re: Ricky Marin

To Whom It May Concern:

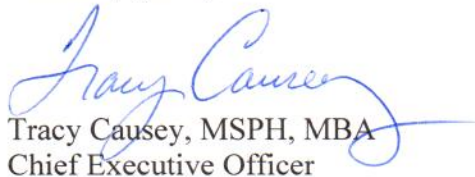
It is my pleasure to recommend Ricky Martin as a highly experienced health and wellness fitness trainer. Ricky's passion for seeing everyone healthy as they can be and his desire to help a person achieve their personal fitness goals is unmistakable. He goes about getting fit, being fit and staying fit with such tenacity that it's an easy motivator for anyone working with him.

Ricky has worked with me as my personal trainer for over two years due to my desire to get healthier through exercising. I couldn't have found a more professional trainer with a depth of knowledge that Ricky possess. He recognizes everyone is an individual and he pushes at the right level to ensure success both mentally and physically.

I would recommend Ricky Martin to the beginner as well as to someone who thinks of themselves as being "fit". With his knowledge, you will learn something new that will help improve your inner and outer person.

It is a great honor I take in recommending Ricky Martin to work with you or with your organization to reach your goal of being a healthier "you".

Sincerely yours,

  
Tracy Causey, MSPH, MBA  
Chief Executive Officer

We Are the Heart of the Community