

# Feast of the Seven Fishes – *Cena della Vigilia*

Freshly prepared gourmet Italian seafood holiday classics for pick up.

## STARTERS:

Insalata di Mare Poached Shrimps, Scallops, Mussels, Clams, Octopus, and Calamari Garlic Parsley Olive Oil	\$22.99/lb
Fresh Shrimp Cocktail \$7.00 per 10 shrimp	\$.70/each
Garlic Fried Shrimp Garlic and Parsley Italian Breadcrumb	\$17.99/lb
Shrimp Scampi Garlic, Parsley, White Wine, Lemon Sauce	\$17.99/lb
Grilled Sweet Chili Scallops Grilled and Sweet Chili Lime Glazed	\$20.99/lb
Crab Cakes Classic New England Style	\$3.49/each
Lobster Salad Celery, Red Onion, Fresh Dill	\$29.99/lb
Clams Casino Size 1.5 oz - stuffed	\$1.75/each

## ENTREES:

Panko Crusted Cod Fresh Cod Loin Portions, Panko Crusted, Finished in Oven	\$16.99/lb
Crispy Fried Haddock Polenta Corn Meal Style Batter	\$12.99lb
Lobster Mac and Cheese (serves 2) Tender Knuckle & Claw Meat in a Garlicky Cheese Sauce Toasted Breadcrumb Topped	\$19.99
Grilled Rosemary and Garlic Swordfish Bites Mediterranean Style	\$16.99/lb
Grilled Salmon Teriyaki, Sweet Chili or Lemon Parsley	\$18.99/lb

## PLATTERS:

Seafood Antipasto (serves 4-6) Lobster Salad, Insalata di Mare, Shrimp Cocktail Grilled Scallops, Crab Cakes	\$70
Fisherman's Platter (serves 6-8) Cod, Haddock, Swordfish and Salmon	\$95

Available Sauces/Condiments: Tartar, Cocktail, Sweet Chili, Lemon wedges

Christmas is celebrated all over the world, and every country has their traditional foods for the occasion. The Feast of the Seven Fishes is known as an Italian tradition, although it's more Italian-American, in fact.

In Italy, as is the case elsewhere, a massive meal on Christmas Day is the norm, so on the night before—*La Vigilia*, or “The Vigil”—something lighter is in order. The specific Italian traditional dishes eaten on Christmas Eve vary by region, but eating fish the night before Christmas is a Catholic custom, so as you can imagine, it's widespread throughout the country.

The ancient tradition of eating fish on Christmas Eve dates from the Roman Catholic custom of abstinence from meat and dairy products on the eve of certain holidays, including Christmas. The number seven is rooted back in ancient times and it can be connected to multiple Catholic symbols: in fact, the seven seems repeated more than 700 times in the Bible.

Also, according to the Roman Catholic Church, seven are the sacraments, the days of the Creation, as well as the deadly sins. Hence seven courses!

**Available December 1st – January 1st**  
*Ideal for family gatherings*

To Place Orders Please Call: [781-231-9599](tel:781-231-9599)



**Saugus Store**

Tel. [781-231-9599](tel:781-231-9599)



**Feast of the Seven Fishes**

*Take Home Program*

**Available December 1st – January 1st**

***An Italian Christmas Tradition!***

To Place Orders Please Call: [781-231-9599](tel:781-231-9599)