

My trial pack consisted of six tablets. I took one tablet daily for six days. At first, I was skeptical to believe whether or not these tablets would truly help but, after almost one full week of taking them there's NO doubt in my mind. That "Natural Energy" is AMAZING Natural Energy helped me to stay focused and on task. Natural Energy gave me a great drive to complete tasks that would typically cause me to feel tired and worn out. I never experienced any feelings of a "crash" after the tablet had worked its way through my system. When I had taken "5 Hour" energy shots in the past I often suffered with bad mood swings upon the energy shot wearing off. "Natural Energy" tablets taste amazing as well, whereas those awful "5 Hour" energy shots left my taste buds crying no matter what the flavor was. I have no doubts at all, I love "Natural Energy"! In my opinion I had more energy. I felt better overall, there was no sudden crash and I had no trouble sleeping when I would lie down at the end of my busy day. I highly recommend "Natural Energy" and will be replacing my intake of "5 Hour" energy shots with this new "Natural Energy" supplement. *Maddy*