



# ILCAAAP

Illinois Church Action on Alcohol & Addiction Problems

[Visit Our Website](#)

## Alcohol Alert - September 9, 2021



Alcohol is now recognized as the leading preventable cause of birth defects and developmental disorders in the United States. Each year thousands of children are born with life-long disabilities because they were exposed to alcohol prenatally.

On September 9th, the National Institute on Alcohol Abuse and Alcoholism recognizes International Fetal Alcohol Spectrum Disorders (FASD) Awareness Day as a reminder that **there is no “safe” level of drinking while pregnant.** [Read more](#)

**Signs and Symptoms of FASD, Diagnoses, Prevention, and Treatment** [Read](#)

The most serious diagnosis is **Fetal alcohol syndrome**, which causes brain damage and growth problems. The problems caused by fetal alcohol syndrome vary from child to child, but defects caused by fetal alcohol syndrome are not reversible.

Experts know **that fetal alcohol syndrome is completely preventable if women don't drink alcohol at all during pregnancy.** Information from the Mayo Clinic [Read](#)

**For Immediate Action**

*Share this information with women of child-bearing age and with women who are pregnant or trying to*

*become pregnant.*

Click here to donate to Illinois Churches in Action (tax deductible)

**Donate Now**

## **Illinois Church Action on Alcohol and Addiction Problems**

1132 West Jefferson,  
Springfield, IL 62702  
217-546-6871

**Contact Us**

