

OB-GYNE Associates of Libertyville

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With your procedure coming soon, there are a few things you should know regarding the day of your in-office procedure:

- You may eat a light meal prior to coming to our office. The medications given may cause nausea if you take them on an empty stomach.
- Some of the following medications may have been prescribed for you. If you have a known allergy to any of these medications please notify our office so a substitution can be made.
 1. **Ibuprofen** (Advil or Motrin): an anti-inflammatory medication to stop you from cramping. Please take 600mg (three tablets of 200mg each) one to two hours before your scheduled procedure.
 2. **Cytotec** 200mcg: a medication used to soften the cervix to facilitate cervical dilation. Take 200mcg 12 hours and 24 hours prior to the procedure. Menstrual-like cramps is a common side effect of this medication.
 3. **Ativan** 1mg. (diazepam): a short acting tranquilizer to help you relax before and during the procedure. Bring this medication with you for your procedure.
 4. **Vicodin**: a pain medication to help relieve discomfort during and following the procedure. Bring this medication with you for your procedure.
- Do NOT take the Ativan or Vicodin until you have arrived to our office AND you have signed the consent for your procedure.
- Please arrive in our Libertyville office 1 hour prior to your scheduled procedure in order to allow adequate time for your medications to take effect. In addition to the medications that were prescribed you will be given an injection of Toradol (an analgesic) to help with cramps.
- **You may feel a little drowsy from the medications given to you for this procedure. Therefore, you should arrange for transportation after the procedure. You must have someone drive you home from our the office.**
- Plan on your appointment taking about 1½ to 2 hours. The actual procedure is quick, but you will need to remain in the office for a short period of time after the procedure to ensure there are no problems.

If you have any questions regarding the above, please call our office at (847) 680-3400.

Your In-Office _____ procedure is scheduled for:

_____ @ _____ am pm in our Libertyville office.

03/11/2009