



Informed Consent

This information is intended to help you make an informed decision about accepting services from Lisa Paul. If you have any questions or concerns about anything on this form, please do not sign the form until you have discussed your concerns with Lisa. Within each section, a summary of the essence of that section is highlighted in bold.

Frequency of Sessions: The frequency of sessions is based largely on your needs and situation, will be discussed with you in your first consultation.

How long is treatment? The number of sessions needed varies depending on the nature of each person's concerns and the complexity of the issues involved, as well as how your progress is going, which we will evaluate at each session.

Fees: A deposit is required at booking for your appointment to be confirmed. This can be done by EFT to our business account which details will be forwarded to you.

All appointments require a deposit of \$100 to secure your appointment.

Balances owing will need to be settled at your appointment.

Fees are payable by cash, EFT, credit card or debit card.

48-hour Cancellation Policy: If you cannot attend an appointment, please notify Lisa 48 hours in advance. Please cancel by phone or text message, since email delivery is not always instantaneous or reliable.

Cancellations fees: More than 48 hours' notice – full refund of deposit • Less than 48 hours' notice but more than 24 hours – 50% refund • Less than 24 hours' notice – no refund of deposit.

We appreciate that unforeseen events sometimes happen but please be respectful of our time as you can. Exceptions to this policy are rare.

You will be sent a courtesy reminder 48 hrs in advance via SMS. Late arrivals will result in shorter a session, but you will be billed for the full session.

If you are more than 20 mins late, we will assume you are not attending.

Online Sessions:

Sessions are available online. This provides an option for those who have difficulty with distance or who need out of hour appointments. Session availability is limited. You will be provided with an email link to my private room on Psychology Today. Links are emailed out the morning of your appointment. Please check that you have somewhere quiet that you will not be disturbed.

PLEASE KEEP YOUR MOBILE PHONE NEXT TO YOU SHOULD YOU HAVE ANY CONNECTION PROBLEMS, I WILL CALL YOU ON THE NUMBER YOU HAVE PROVIDED ME.

If you have a baby, you are more than welcome to bring baby to the session if needed. If the session becomes too disrupted, I will reschedule, or we will discuss ongoing sessions and suitability of Telehealth.

About Privacy:

All information you share with your therapist is private and confidential. Your information will not be released to anyone without your written permission except under the following circumstances:

When information is to be released with your consent, you will be consulted regarding what information is to be released. Your information will be kept in a file that is secure and private and held for a period of 7 years after which it is destroyed.

You have the right to review the content of your file upon request.

As part of my profession development and commitment to you, I may find it helpful to consult other professionals about your case. During this consultation, every effort is made to keep your identity private and only minimal information is presented for their contribution to case management.

Exceptions to Privacy:

There are some situations in which I am legally obligated to take action to protect others from harm, even if I must reveal some information about a patient's treatment. For example, if I believe that a child, elderly or disabled person is being abused, I must file a report with the appropriate state agency – Department of Children & Justice (DCJ)

When the purpose is to protect individuals (including the client) who are at foreseeable and imminent risk of bodily harm or death as a result of a client's actions.

Under subpoena from a court of law.

Email Privacy:

We will only use email to communicate with you in response to an email you send us or as you authorize it or otherwise request it.

Social Media:

It is my policy not to accept social networking invitations from past or current clients utilizing social media sites such as Facebook, LinkedIn or similar. You are welcome to follow my business pages on Instagram @frequencyhealing11 and Facebook @Frequency Healing.

Disclaimer:

When you book a consultation with me, you do so on the understanding that the prescriptions are not a replacement of medical advice and treatment. While I may provide health care advice, you are responsible for how you use the advice given.

DO NOT STOP YOUR MEDICATION UNLESS YOU ARE DOING THIS WITH YOUR PRESCRIBING DOCTORS ASSISTANCE.

NO INFORMATION GIVEN DURING A CONSULTATION IS INTENDED TO BE OR SHOULD BE TAKEN AS A MEDICAL DIAGNOSIS.

You must not rely on the information on my website as an alternative to medical advice from your doctor or other professional healthcare provider. Questions you have about any medical matter, should be sought from your doctor or other professional healthcare provider. If you think you may be suffering from any medical condition, you should seek immediate medical attention.

Name: _____

Sign: _____ Date: _____