



# CALLAWAY CONNECTIONS

FOSTERING COMMUNITY RELATIONSHIPS TO LAST A LIFETIME

April - June 2023

## WE The PEOPLE

Participants and staff from the Life Enrichment Center attended the Disability Rights Legislative Day at the Missouri State Capitol on Wednesday, March 1, 2023. The event is organized and funded each year by the Missouri Developmental Disabilities Council to bring advocates and legislators to rally for disability rights. MODDC advocates for policies and practices addressing access to quality of care, guardianship, restraint and seclusion, and equitable community inclusion. To subscribe to MODDC eNews or for resource information go to <https://moddcouncil.org/>.

## Express Healthcare Services Coming to Callaway

Jefferson City Medical Group announced they have signed an agreement with Callaway County to open an extended-hours Express Care facility in Fulton. The new facility, located at 354 Country Meadows in Fulton, will offer walk-in care, extended hours, with x-ray services. The clinic will treat immediate, non-emergent health services including minor cuts and burns, sprains, minor fevers, sore throats, seasonal allergies, earaches, and also for wellness services such as physicals and immunizations. Opening date and hours of operation will be announced at a later date.

## Wonderland Camp Scholarships Available

CCSS still has scholarships available for individuals living in Callaway County to attend Summer camp at Wonderland Camp located in Lake of the Ozarks.

Wonderland Camp offers camp with adapted activities for children, teens and adults with disabilities. For more information contact your case manager or CCSS.



## Community Events

Free Family Movie Nights at Auxevasse Community Center on the third Thursday of each month.  
Free Admission

Morels and Microbrews May 6th  
12-4 pm., Brick District, Fulton

Fulton Street Fair June 23-24  
Downtown

iCan Bike Camp June 19-June 23, 2023, 54 Country 400 Gaylord Dr. Fulton, MO 65251 (may change to YMCA)

Contact:  
[nancyhanson1183@gmail.com](mailto:nancyhanson1183@gmail.com) or  
call 573-826-0223

[www.icanshine.org](http://www.icanshine.org)

## April is National Autism Awareness Month

### What is Light It Up Blue?

The Light It Up Blue initiative was created by Autism Speaks in 2010. Since that time, joined by the international autism community, hundreds of thousands of landmarks, buildings, homes and communities around the world light blue on World Autism Awareness Day (April 2) in recognition of people with autism. [autismspeaks.org](http://autismspeaks.org)



### What does the Autism puzzle ribbon symbolize?

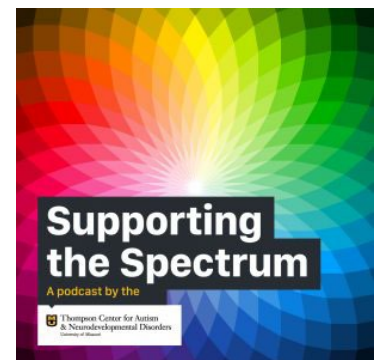
The puzzle ribbon was adopted in 1999 as the universal sign of autism awareness. Although this image is a trademark of the Autism Society, the organization has granted use to other non-profit organizations in order to demonstrate unity and advance a universal mission as opposed to any individually held interests or promotion of a single organization.

The Autism Awareness Ribbon — The puzzle pattern reflects the complexity of the autism spectrum. The different colors and shapes represent the diversity of the people and families living with the condition. The brightness of the ribbon signals hope — hope that through increased awareness of autism, and through early intervention and access to appropriate services/supports, people with autism will lead full lives able to interact with the world on the own terms. [autismsociety.org](http://autismsociety.org)

### Where can you learn more about Autism?

The University of Missouri's Thompson Center for Autism and Neurodevelopment's website offers an array of resources, services provided, and training for parents and other caregivers. The website also includes the podcast Supporting the Spectrum.

According to their website, Supporting the Spectrum is hosted by the University of Missouri's Thompson Center for Autism and Neurodevelopment's Training Core. This podcast is brought to you by Training Experts in Autism for Missouri (TEAM) project sponsored by the Missouri Department of Mental Health.



[thompsoncenter.missouri.edu/autism-training/supporting-the-spectrum/](http://thompsoncenter.missouri.edu/autism-training/supporting-the-spectrum/)

## Mental Health Awareness Month

Each year millions of Americans face the reality of living with a mental illness. During May, the National Alliance on Mental Illness (NAMI) joins the national movement to raise awareness about mental health. Each year we fight stigma, provide support, educate the public and advocate for policies that support people with mental illness and their families.



Learn more at Nami Missouri: <https://namimissouri.org/>

Local Area NAMI Central Missouri Organizations that provide ongoing Education, Training and other Programs:

### Columbia and surrounding areas-

Email: [namicolumbiamo@gmail.com](mailto:namicolumbiamo@gmail.com)

- NAMI Connection, 2nd Monday of each month; 6:30 - 9:00 pm (Presentation at 6:30; Support group begins at 7:30)
- NAMI Family Support Group, 2nd Monday each month @ 7:30 - 9:00 pm

### NAMI Jefferson City and surrounding areas-

Email: [namijcmo@gmail.com](mailto:namijcmo@gmail.com)

- NAMI Connection, First Monday of each month, 6:30 - 8:30 pm. If it falls on a holiday, it's the second Monday
- NAMI Connection, Group meets bi-monthly 2nd and 4th Mondays, 6:30 to 8:00 pm
- NAMI Family Support Group, 1st Mondays each month; 6:30 - 8:30 pm. Presentation at 6:30 pm; Support Group at 7:30 pm
- NAMI Family Support Group, Monthly on the 3rd Tuesday of the month. Presentation at 6:00 pm; Group meets at 7:00 pm

### The Lifeline and 988

The 988 Suicide & Crisis Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

Individuals can call, text or go online and chat. Your conversations are free and confidential.

<https://988lifeline.org/>

The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.



## Resources

### Enable Dental

(866) 988-4504 <https://enabledental.com/>

Email: [info@enabledental.com](mailto:info@enabledental.com)



Comprehensive new patient examination, including x-rays, in the comfort of your home or facility. If applicable, our team will follow up with any recommended treatment to address issues identified during the exam. A cleaning will also be completed at this visit. We can attempt to begin treatment at the first visit if treatment is required and approved. Some dental treatments require additional visits from our team as well as impressions sent to a dental lab. Our dental team uses military-grade portable equipment to establish a temporary examination and procedure area within your home or community. This includes a portable chair, operatory, suction, and all other necessary equipment and supplies. We reduce your stress by handling all the logistics and scheduling, including communicating upcoming visits for the patient.

### Elks Mobile Unit

(816) 404-6904 <https://www.elks.org/enf/programs/StateProject.cfm?vhplD=8023>

The purpose of the program is to bring primary care dental services to developmentally disabled children and adults throughout the State of Missouri. This special unit is a self-propelled bus-like vehicle equipped to provide a full range of dental services, such as X-rays, fillings, extractions, cleaning and other treatments. All services are provided at no cost to eligible patients. The unit is staffed by a thoroughly trained dentist and dental assistant.

### Callaway County Food Pantries

- **Serve, Inc. in Fulton** - Monday, Wednesday and Friday from 9:00-12:00
- **Shiloh UMC in Holt Summit** - 2nd Thursday of the month from 1:00-3:00
- **AmVets in Mokane** - 2nd Thursday of the month from 12:00-1:30
- **Pleasant Grove UMC in Hatton** - 3rd Thursday of the month from 1:00-2:30
- **New Testament Church in Auxvasse** - 3rd Thursday of the month (need to call to get on a list, most of these get delivered to seniors, but could also be picked up if informed ahead of time)  
First time clients bring Photo ID and Mail showing proof of residency in Callaway County



#### We're on the Web!

<https://callawaycountyspecialservices.org/>

Home-Why Choose CCSS

About Us-philosophy, history, careers,  
annual reports

Services-services, eligibility/costs, privacy  
policy

News and Resources, too!

If you would like to receive future Callaway

Connections newsletters electronically,  
contact CCSS through our website or call  
us at 573-642-1792.

## Do you need a ride?

We are MTM, MO HealthNet's NEMT broker. We provide rides for eligible MO HealthNet participants. The NEMT program helps MO HealthNet participants access free rides. Call us to set up a ride to a covered service if you have no other way to get there.



To schedule a ride, call MTM at 1-866-269-5927 (TTY: 711)  
or visit <https://www.mtm-inc.net/missouri/>

If you live in an urban county, call at least two (2) days before your appointment, unless your trip is urgent. If you live in a basic or rural county, call at least three (3) days before your appointment, unless your trip is urgent. MTM schedules routine trips Monday through Friday from 7 a.m. to 6 p.m. You can schedule urgent trips 24 hours a day, seven days a week. You can also use our MTM Link mobile app or web portal to schedule your rides.

## Training Opportunities

### 7th Annual Charting the Life Course Showcase 2023

Join us May 2-4, 2023, for the 7th Annual Charting the LifeCourse Showcase in Kansas City, MO. Contribute to the energy from fellow advocates, family leaders, professionals and other stakeholders who have joined us on the journey of learning, sharing and networking around the Charting the LifeCourse Framework and Tools.



We can't wait to welcome our change agents to celebrate successes and imagine what could be next, as we continue to support all people to live their good lives.

The CtLC Showcase is the annual event hosted by the LifeCourse Nexus – a national training and technical assistance center – which is housed at the UMKC Institute for Human Development.

<https://www.lifecoursetools.com/>



State of Missouri  
**DISABILITY PORTAL**  
sponsored by the *Governor's Council on Disability*

### 19th Annual Missouri Youth Leadership Forum (MO-YLF)

July 18-22, 2023 [State of Missouri Disability Portal \(mo.gov\)](https://www.mo.gov)

The **Missouri Youth Leadership Forum** is a unique career leadership-training program for high school students with disabilities, ages 16 – 21. Youth delegates are selected from their local communities to cultivate leadership, citizenship, social, and career development skills at this summer program.

## Tasty Treats

### BEE MY HONEY FRUIT DIP

#### Ingredients

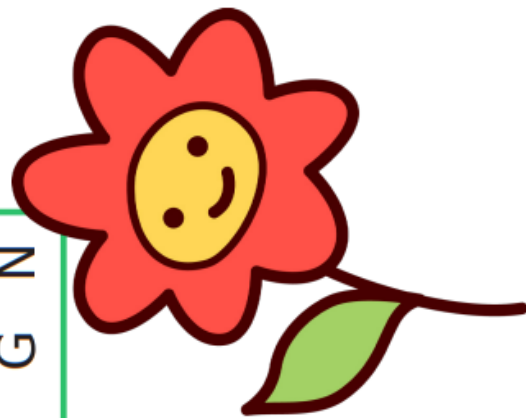
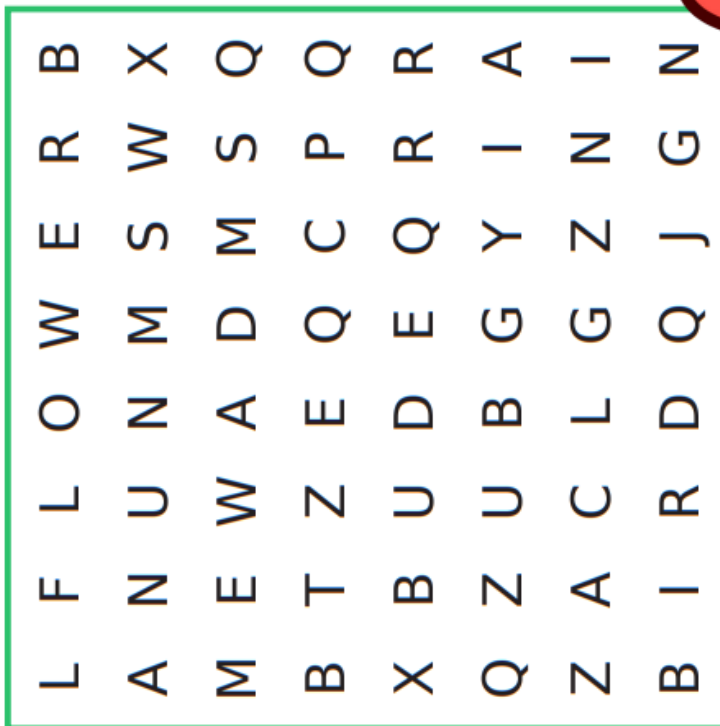
- 1 package (8 ounces) cream cheese, softened
- 1 jar (7 ounces) marshmallow creme
- 1 tablespoon honey
- 1 teaspoon grated orange zest
- 1/4 teaspoon ground cinnamon
- 1/8 teaspoon ground nutmeg
- Assorted fresh fruit



#### Directions

In a small bowl, beat the first 6 ingredients until smooth. Serve with fruit. Refrigerate leftovers.

**Nutrition Facts** 2 tablespoons: 95 calories, 5g fat (3g saturated fat), 16mg cholesterol, 52mg sodium, 12g carbohydrate (10g sugars, 0 fiber), 1g protein.



- |        |      |     |      |        |
|--------|------|-----|------|--------|
| BIRD   | LAMB | NET | RAIN | SPRING |
| BUD    |      |     |      |        |
| EGG    |      |     |      |        |
| FLOWER |      |     |      |        |