

# ALLIED TANG SOO DO FEDERATION

## BLACK BELT CANDIDATE RANK, REQUIREMENTS, AND PRIVILEGES

Beginning in April 2016 there will be a Black Belt Candidate (B.B.C.) rank added to our Curriculum. The rank of 1<sup>st</sup> Degree BCC may be earned in the first test cycle after First Degree Red.

The belt for these 3 ranks will be a red belt with a black stripe running down the middle. Each rank will be denoted with yellow stripes (One stripe for First Degree, Two stripes for Second Degree & Three Stripes for Third Degree).

The ATF Martial Arts leadership is dedicated to helping you be the best Martial Artist possible. Therefore, we have created the Black Belt Candidate Ranks to ensure you continue training and preparing for your First Degree Black Belt Responsibilities and Exam.

### **Introduction:**

Congratulations! You have passed your First Degree Red Belt Test, now you are actively preparing for your First Degree Black Belt Exam. It will be the toughest Martial Arts Test you have taken. However, before you get there, you must spend a minimum of the next 12 months in preparation, practice and sharpening your Martial Arts Skills and Instructing Abilities. During this time, you will be tested at least three more times before being considered for Black Belt. Each test is designed to help you progress toward your Black Belt Exam and beyond. Black Belt is only the beginning. When you earn your Black Belt, you have learned the basics. Your life and training as a Martial Artist has just begun. There is a difference between taking a "Test" and being "Tested". To become a true Black Belt, you MUST know the difference.

### **Requirements (General for all BBC ranks):**

Below is a list of Requirements for you to successfully obtain the Three Degree ranks of Black Belt Candidate.

1. Create "Original Hyung" which will consist of 100 moves and reflect your fighting name and style. (See the Blue Book page 22 for Original Hyung Requirements)
  - a. Jr. BBC ranks will be exempt from this requirement.
  - b. Jr. BBC may be granted permission by the Black Belt Board to begin creating their original form if so desired. This permission is not guaranteed.
2. Demonstrate instructing abilities expected at Black Belt Level (Or Jr. Black Belt Levels).
3. Demonstrate improvement in all Gup basics required for 1st Red.
4. Demonstrate Bunkai for all Gup Hyung.
5. Demonstrate improvement of Board Breaking Abilities at every testing.
6. Sit on Gup test board to learn the skills to test White through Red Belts.
  - a. Jr. BBC is exempt from this requirement
7. Have a minimum of one year in rank before being eligible for Black Belt Testing (or Jr. Black Belt).

8. Like rank stripes for green and red, the BBC must pass all 3 tests before testing for Black Belt. There is no Rank Jumping (cannot skip from 1<sup>st</sup> Degree BBC to Third Degree) all three test cycles must be fully earned.

10. Like Gup Ranks, there will be up to 3 Black Proficiency Stripes available for each BBC rank if test requirements are not successfully passed.

### **Specific Requirements for:**

#### **1<sup>st</sup> Degree BBC:**

1. Name and Defend Original Hyung Concept - (Oral Exam) (Jr. BBC Exempt)
2. Demonstrate the first 35 moves of Original Hyung. (Jr. BBC Exempt)
3. Demonstrate Bunkai for Geicho Hyung Ill Bu through ATF #2.
4. Demonstrate Instruction for Gup Requirements for White Belt through Blue Belt.
5. Progress in Sparring Ability and Endurance (Five 3 minute Rounds).
6. Sit in on Test Board Procedures and Learn the Test Protocol and Scoring System from beginning to end. (Jr. BBC is Exempt)
7. Earn Assistant Instructor Level VI. (Jr. Level Rank for Jr. BBC)
8. Demonstrate Ability to Instruct Sparring Rings.

#### **2<sup>nd</sup> Degree BBC:**

1. Oral Exam Review of Original Hyung Concept and what has been learned from 1<sup>st</sup> Degree BBC. (Jr. BBC Exempt)
2. Demonstrate the first 70 moves of Original Hyung. (Jr. BBC Exempt)
3. Demonstrate Bunkai for Geicho Hyung Sahm Bu through Pyong Ahn Sahm Dan
4. Demonstrate Instruction for Gup Requirements of Green Belts
5. Progress in Sparring Ability and Endurance (Seven 3 minute Rounds).
6. Demonstrate the ability to be productive member of test board and score Gup tests. (Jr. BBC Exempt)
7. Earn Assistant Instructor Level VII. (Jr. Level Rank for Jr. BBC)
8. Demonstrate knowledge and Proficiency of Dojang Emergency Procedures.

#### **3<sup>rd</sup> Degree BBC:**

1. Oral Exam Review of Original Hyung Concept and what has been learned from 2<sup>nd</sup> Degree BBC. (Jr. BBC Exempt)
2. Demonstrate Full 100 moves of Original Hyung. (Jr. BBC Exempt)
3. Demonstrate Bunkai for Tak San through Bassai.
4. Demonstrate Instruction for Gup Requirements of Red Belts.
5. Progress in Sparring Ability and Endurance (Ten 3 minute Rounds).
6. Co-Run Gup Testing with Ranking Black Belt. (Jr. BBC Exempt)
7. Earn Assistant Instructor Level VIII. (Jr. Level Rank for Jr. BBC)
8. Be Prepared for the Unexpected.

**Privileges:**

1. May promote Ranks up to First Degree Red (if running their own school). (Jr. BBC Exempt)  
(Protocol is that Instructors may only promote up to one color rank below their own rank for Gup through BBC and One Dan Rank Below their own rank for Black Belts).
2. Sit as Student of Test Board (Will have active vote at 2<sup>nd</sup> Degree BCC) (Jr. BBC Exempt)
3. Sit as observer of Black Belt Board Meetings (Exceptions may apply) (Jr. BBC Exempt)
4. File in Rank in Front of Class behind Black Belts.
5. No longer considered Gup but now Intermediary Rank.

Jr. BBC Specifics added 08/2017

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