

ATF Black Belt Curriculum.

As of December 2018 by: Keith M Waggoner

After earning First Dan (Adult Rank), Students will have a choice of two different tracks they advance in. They may choose both. However, Advancement in one track does not automatically advance a student in both. Students must test in and meet the requirements for both tracks at each Dan Exam to advance in each track. Current Black Belts are “Grandfathered” in to hold their current Rank. In order to advance in Rank, they will be expected to choose a Track and learn the requirements up through the desired Dan Rank advancement.

Traditional Track: (Dan Track 1, Allied Tang Soo Do Federation Track)

This is a Major focus in Tang Soo Do Hyung and Levels 1 – 3 Bunkai for each.

1st Dan to 2nd Dan – Minimum of 2 Years in Rank

Required Bunkai for Each:

1. Naihanchi Cho Dan
2. Naihanchi Yi Dan
3. Naihanchi Sahm Dan
4. Tanto Hyung So
5. Service Project
 - a. May apply or receive a Project Theme.
 - b. Must provide a letter of acceptance with specifics and time lines.
6. Must be recommended for promotion by instructor.
 - c. May submit a written request to instructor
 - d. May request a Test Date
 - i. Must have promotion exam
 - ii. Exam will have Oral and Written portions
 - iii. All requirements must be met and approved by Instructor and Head of System
7. Current AIS Certification in good Standing.
8. Meet minimum instruction requirement.

2nd Dan to 3rd Dan – Min. of 3 Years

Required Bunkai for Each:

1. Kong Sang Koon
2. Sang Gook Kwon
3. Tanto Hyung The
4. Jong Bong Cho Dan
5. Items 5 through 8 of 1st Dan.

3rd Dan to 4th Dan – Min. of 4 Years

Required Bunkai for Each:

1. Wan Su
2. Jong Bong Yi Dan
3. Tjin Tae
4. Sip Soo
5. Items 5 through 8 of 1st Dan.

4th Dan to 5th Dan – Min. of 5 Years

Required Bunkai for Each:

1. Ro Hi
2. Jin Tto
3. Items 5 through 8 of 1st Dan.
4. Continual Teaching and Contributions to ATF
5. Must be recommended by Grand Master Rank
6. Promotion must be approved by Head of System

5th Dan to 6th Dan – Min. of 5 Years

Required Bunkai for Each:

1. Jion
2. Items 3 through 6 of 5th Dan.

6th Dan to 7th Dan – Min. of 5 Years

Required Bunkai for Each:

1. Seishan
2. Items 3 through 6 of 5th Dan.

7th to 8th Dan – Min. of 5 Years

Required Bunkai for Each:

1. O Sip Sa Bo
2. Items 3 through 6 of 5th Dan.

9th & 10th Dan

Will be appointed by System Head

Non-Traditional Track (Dan Track 2, ATF Martial Arts Systems Track)

This is a Major focus in the other core arts of ATF Martial Arts

A.T.F. Martial Arts Systems Affiliate Schools and Instructors must adhere to these requirements for continued Dan Rank Advancement. Any specialized course of study must be pre-approved by the A.T.F. Black Belt Board and the System Head.

1st Dan to 2nd Dan – Minimum of 2 Years in Rank

1. Time in Grade = Minimum of 2 Years from Promotion date.
2. Hyung – Naihanchi Cho Dan
 - a. Bunkai for this form (Demonstrate Levels 1-3)
3. Training in Specialized Curriculum (Specific requirements to be announced)
 - a. Weapons Forms and Bunkai
 - b. Kali/Silat
 - c. Grappling/BJJ
 - d. Muay Thai/Kickboxing
 - e. JKD
 - f. MMA
 - g. Approved Track of study (another art not listed – must be pre-approved)
4. Service Project
 - a. May apply or receive a Project Theme.
 - b. Must provide a letter of acceptance with specifics and time lines.
5. Must be recommended for promotion by instructor.
 - a. May submit a written request to instructor
 - b. May request a Test Date
 - i. Must have promotion exam
 - ii. Exam will have Oral and Written portions
 - iii. All requirements must be met and approved by Instructor and Head of System
6. Current AIS Certification in good Standing.
7. Meet minimum instruction requirement.

2nd Dan to 3rd Dan – Min. of 3 Years in Rank

1. Hyung - Kong Sang Goon and Levels 1 – 3 Bunkai
2. Specific Requirements to be Announced.
3. 4 through 7 same as 1st Dan.

3rd Dan to 4th Dan – Min. of 4 Years in Rank

1. Hyung - Wan Su and Levels 1 – 3 Bunkai
2. Specific Requirements to be Announced.
3. 4 through 7 same as 1st Dan.

4th Dan to 5th Dan – Min. of 5 Years in Rank

1. Hyung - Sip Soo and Levels 1 – 3 Bunkai
2. Specific Requirements to be Announced.
3. 4 through 8 same as 1st Dan.
4. Continual Teaching and Contributions to ATF
5. Must be recommended by Grand Master Rank
6. Promotion must be approved by Head of System

5th Dan to 6th Dan – Min. of 5 Years in Rank

1. Hyung - Jion and Levels 1 – 3 Bunkai
2. Specific Requirements to be Announced.
3. Items 3 through 6 of 5th Dan.

6th Dan to 7th Dan – Min. of 5 Years in Rank

1. Hyung - Seishan and Levels 1 – 3 Bunkai
2. Specific Requirements to be Announced.
3. Items 3 through 6 of 5th Dan.

7th to 8th Dan – Min. of 5 Years in Rank

1. Hyung - O Sip Sa Bo and Levels 1 – 3 Bunkai
2. Specific Requirements to be Announced.
3. Items 3 through 6 of 5th Dan.

9th & 10th Dan

Will be appointed by System Head

Notes: