



#1 Health & Fitness Platform – all in one place. Use your credits to reserve classes, activate gym memberships and gain unlimited access to the best digital fitness & wellness content.

## Get Started

1. Go to: [fitonhealth.com/register](https://fitonhealth.com/register)
2. Enter your email & choose a password
3. Verify your eligibility by entering your full legal name, birthday, and zip code.

**Can't find your favorite facility? Share it with us so our team can add it.**

Visit: [fitonhealth.com/request](https://fitonhealth.com/request)

## Plus so much more...



On-demand fitness and wellness classes



Nutrition programs with 500+ exclusive recipes



Step & workout challenges to help keep you motivated



Invite & workout with friends and co-workers



## Have Questions?

[fitonhealth.com/help](https://fitonhealth.com/help)

[support@fitonhealth.com](mailto:support@fitonhealth.com)

[fitonhealth.com/members](https://fitonhealth.com/members)