

## Let's Talk Health and Wellness Virtual Series – Movember Awareness



# PROSTATE CANCER AWARENESS ALLIANCE - DMV



November is also known as Movember!

The month of November, termed “Movember”, for growing one’s mustache in November, is dedicated to men’s health, highlighting awareness of prostate and testicular cancers, as well as mental health and suicide prevention.

Please join us for this discussion!

**Date:** Wednesday, November 18, 2020      **Time:** 7:00pm - 8:30pm (90min)

**Location:** Zoom Meeting (Link will be sent to registered attendees hours before event)

We will discuss and learn about topics such as:

- Importance of a chess mindset with your prostate health
- Let’s talk Testicular health
- Emotional wellness and support for mental health



**Moderator –**

Bro. Alvin  
Reaves, III, MD  
Adventist Health



**Prostate Health  
Mindset –** Derrick  
A. Butts (PCAADMV)  
Co-author – Prostate  
Cancer – A Family  
Affair



**Testicular Health -**  
Dr. Ross E. Krasnow  
Urologic Oncologist  
Medstar Health



**Mental Health &  
Wellness -** Briana  
Henry - Outreach  
Specialist – Utopian  
Institute

**Cost:** FREE - Must register via Eventbrite to attend\*

**Eventbrite:** [MuLambda PCAADMV HealthTalkSeries Nov2020.eventbrite.com](https://www.eventbrite.com/e/MuLambda-PCAADMV-HealthTalkSeries-Nov2020-tickets-123456789)

