

***** NOTE: THIS QUESTION/ANSWER COUNTS FOR 3 SESSIONS/GROUPS*****

ALCOHOL DOCUMENTARY VIDEO

DRUGGED: HIGH ON ALCOHOL

1. What are the symptoms Ryan is displaying at the beginning of the video?
2. How much has Ryan been drinking per day for the past 3 years?
3. According to the video, how many Americans use alcohol?
4. In your opinion, why is alcohol referred to as the “most abused drug in the US”?
5. Complete this phrase in reference to alcohol being the answer: “It’s like a warm _____
_____.”
6. Once it enters the blood stream, how many seconds does it take for alcohol to reach the brain?
7. An excessive amount of alcohol triggers the _____ in the brain, telling the body to stop anymore alcohol from entering the blood stream.
8. Recurring vomiting is often a sign of what?
9. What problems did Ryan’s father have?
10. Children of alcoholics are ___ times more likely to become alcoholics.
11. In your opinion, what is the root cause of Ryan’s alcoholism?
12. How much is Ryan’s weekly allowance?
13. Explain why too much alcohol at one time can be lethal.
14. Explain why the absence of alcohol can send the alcoholic’s body into shock.
15. TRUE OR FALSE: Withdrawal from alcohol is more dangerous than withdrawal from heroin.
16. How does chronic alcohol abuse affect the digestive system?
17. What happens to the brain when it compensates for the daily dose of liquor?
18. Compare short-term effects of alcohol abuse to long-term effects.
19. What happened to Ryan’s hip and how did he treat it?
20. Describe how alcohol affects the brain and causes psychosis.
21. Describe Ryan’s hallucination.
22. Describe Ryan’s physical problems per his medical examination.
23. What does the psychiatrist conclude about the voice Ryan states he hears?
24. Why is Ryan excited about going to rehab after the examinations?
25. What was Ryan’s fear before visiting the psychiatrist?
26. What happens at rehab and what was the reason?
27. How did Ryan’s family respond following what happened?
28. How does addiction “win”?

THE CAST

Who are the enablers? Who are not enablers? Explain your reasoning for each answer.

Ryan’s grandfather

Ryan’s mother

Ryan’s brother

Ryan’s girlfriend

Ryan’s two friends he visited before rehab