

One Laugh at A Time Video 1

1. How does Mark define the term “Normal People?”
2. What religious background does Mark come from?
3. How old is Mark?
4. How does Mark say he knew he was getting old?
5. Alcohol helped Mark escape the shame of _____
6. How does Mark use a jigsaw puzzle to make an analogy of the difference between normal people and addicts?
7. According to Mark, his disease makes his first thought about everything what?
8. What does Mark say are two words that should never go together?
9. According to Mark, if you have to keep something a secret, what should you do?
10. When Mark was new in recovery, what did he look for in a woman?
11. Humor will do what for hurt?
12. Mark has learned more from his son that what?
13. Forgiving his father for the physical abuse he experienced as a child did what for Mark?
14. What did Mark credit his father for teaching him?
15. Taking a deep breath helps to what?
16. Honesty without consideration of your surroundings is just plain stupid. What do you think he means by this?
17. What does “first thought wrong,” mean to you?
18. Mark has never had to make amends for what?
19. What does, “you are what you answer to,” mean?
20. What did the priest from Cleveland do for Mark?