

# Dojo Etiquette

1. All greetings are said by the word 'OSU' which is a common martial art greeting; it is pronounced loud and clear. OSU is a mark of respect to dojo and can be used to show the instructor that you understand what he/she said and should always be used instead of yes.
2. Students to stand in line according to rank (When facing the sensei lower grades to the Sensei's right with the most seniors to the Sensei's left)
3. You should always stand in FUDO DACHI (attention stance) when awaiting the next command
4. Do not break rank for any reason, without asking permission from the instructor. If you must leave your position, do not walk between the instructor and the class. Walk behind class.
5. The Most Senior Black Belt student addresses class and say "bow to Sensei" (Japanese: Sensei Ni Rei) at the start and end of class
6. If at any time during the training the student requires to adjust his/her (Dogi) uniform or obi (belt) they must turn facing the rear of the class
7. Assist fellow members by laying down and storing mats
8. Offer assistance to those in need
9. No Sparring without supervision
10. Refrain from loud talking, laughing or screaming in the Dojo
11. Do not "What if " any instructor
12. Do not become upset or angry in the Dojo
13. Asking Questions not relevant to what is being taught is not allowed
14. If a student must stop training during a session, they must report to the Sensei or the most senior student
15. Do not leave the dojo without first asking the instructor. Report to the sensei prior to class if you have to leave early.