



Muswellbrook Preschool Newsletter

Term 2 Week 5

The Preschool Fruit Bowl

We are currently reviewing our nutrition policy and have decided to enhance our program by having a fruit bowl in every room. This bowl will have fresh fruit in it which the Preschool will source from our local IGA supermarket. The purpose of this fruit bowl is to provide a fresh fruit option to any child that needs something extra for morning tea/lunch or to offer a fresh option to families that don't have fresh fruit available to bring to preschool. IGA has also offered a discount card to all our families to use when shopping at IGA. This card gives holders a 10% discount on their purchases. To set this up, go into IGA and ask for your discount card, they will set it up with you. Remember to mention Muswellbrook Preschool!

If you have fruit trees at home with an abundance of fruit you are happy to share with us, we would be very grateful to distribute amongst the classrooms.

If your child's class has an afternoon fruit bowl, they will continue as normal with families bringing in fruit to share.

We are very excited to have started this initiative today and hope that this supports our children and families with being, and staying healthy. We will review the fruit bowls at the end of the term.

Parent Library

PARENT LIBRARY

In our office in Sowerby street, we have a parent library, with a range of books about child development and parenting. Please feel free to drop into the office and have a look at these books. Below is an extract from one of our books;

Saving our Children from Our chaotic world written by Maggie Dent

Silence and stillness does have a magic to it. It doesn't matter where you find it - in your home, your workplace or your classroom. However in our fast-paced world it is getting harder and harder to find. In this book, Maggie Dent explores the cognitive and emotional benefits of silence and stillness, demonstrating how crucial it is for children as well as adults, and details methods for creating it in your home.

Term Events

- Week 5 Monday 3rd June Middle Eastern Day.
- June long weekend **NO PRESCHOOL MONDAY 10TH JUNE**
- Week 5 Safety drills
- Week 7 Wednesday 12th June Muswellbrook Preschool Biggest Morning Tea - note to follow
- Week 8 Tuesday 18th June General Committee Meeting 6pm in Room 5. Everyone is welcome.
- Week 10 Friday 5th July last day of Term 2

Thanks to all!!

We had a fabulous day at the Railway's 150 years celebration with our Cake stall making over \$1400. A big thankyou goes out to all parents and Preschool friends that cooked and donated for our stall. It was wonderful to see the community support us and buy up all the goodies we had for sale.

Our New Playground

There has been great progress made on our new playground. We are loving all the sandstone blocks and the openness that it is creating. Thankyou for your patience with the carpark situation and please take care entering and exiting the Hill St carpark. We cant wait to be able to play in this wonderful new area.

Fees

Please keep your fee payments up to date. As we are nearing mid term we are noticing that some families are falling behind in their payments. Please ensure that fees are paid. Come and see the girls in the office if you need to discuss this further.

We also offer the option of adding the cost of excursions to your fees. If fees are in arrears, this option is unavailable and a cash payment for the excursion will be required.

Room 2 Wed Thurs Fri room review

We have had a lovely start to the term. We have been exploring "me." We have traced and painted ourselves, talked about our uniqueness, made our faces, houses and families. We have also graphed our class to see what eye colour and hair colour we have.

Learning about ourselves, our families and our preschool class helps us develop our sense of identity. it helps us learn what we are capable of, where we belong and how we can use our special talents and strengths to help others.