

# MAY

Year: 2025

## May Training Schedule

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

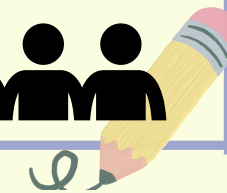
FRIDAY

SATURDAY

SUNDAY



To do list:

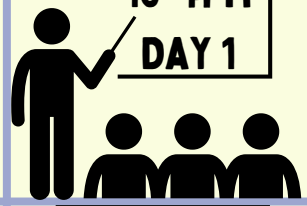
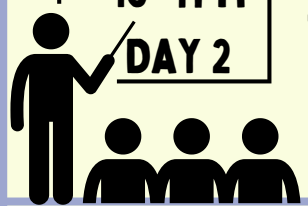
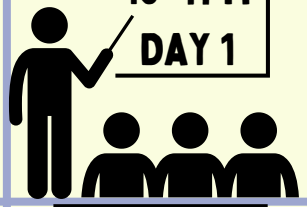
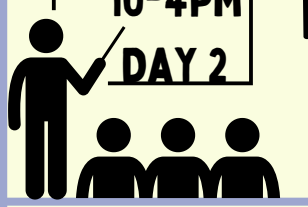
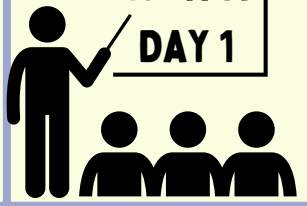
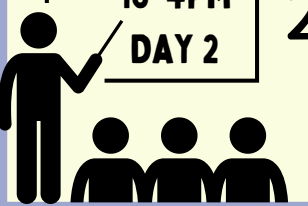

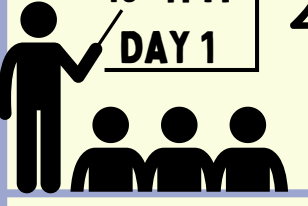
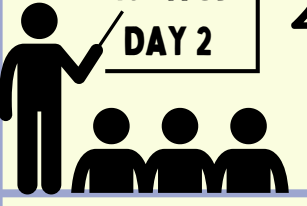


|    |    |    |                       |                       |                       |    |    |
|----|----|----|-----------------------|-----------------------|-----------------------|----|----|
|    |    |    |                       | 1<br>3-9pm<br>Day 1   | 2<br>10-4PM<br>DAY 2  | 3  | 4  |
| 5  | 6  | 7  | 8<br>3-9pm Day 1      | 9                     | 10-4PM<br>DAY 2       | 10 | 11 |
| 12 | 13 | 14 | 15<br>3-9pm Day 1     | 16                    | 10-4PM<br>DAY 2       | 17 | 18 |
| 19 | 20 | 21 | 22                    | 23<br>10-4PM<br>DAY 1 | 24<br>10-4PM<br>DAY 2 | 25 |    |
| 26 | 27 | 28 | 29<br>10-4PM<br>DAY 1 | 30<br>10-4PM<br>DAY 2 | 31                    |    |    |

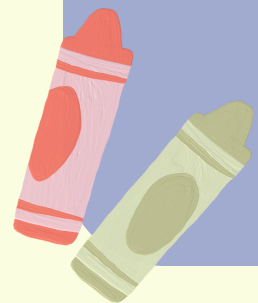
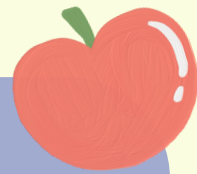
# JUNE

Year: 2025

## June Training Schedule

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY   | FRIDAY   | SATURDAY   | SUNDAY |
|--------|---------|-----------|--|--|--|--------|
|        |         |           |  |  |  | 1      |
| 2      | 3       | 4         | 5<br>10-4PM<br>DAY 1<br>    | 6<br>10-4PM<br>DAY 2<br>    | 7  | 8      |
| 9      | 10      | 11        | 12<br>10-4PM<br>DAY 1<br>  | 13<br>10-4PM<br>DAY 2<br>  | 14   | 15     |
| 16     | 17      | 18        | 19<br>10-4PM<br>DAY 1<br> | 20<br>10-4PM<br>DAY 2<br> | 21   | 22     |
| 23     | 24      | 25        | 26<br><br>SC1             | 27<br>10-4PM<br>DAY 1<br> | 28<br>10-4PM<br>DAY 2<br> | 29     |
| 30     |         |           |  |  |  |        |

To do list:

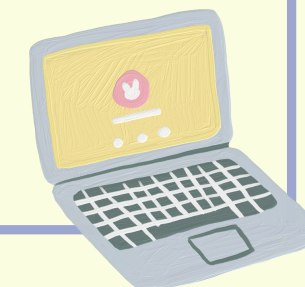


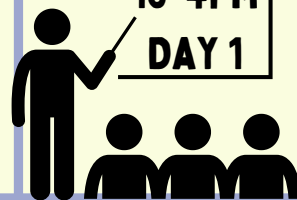
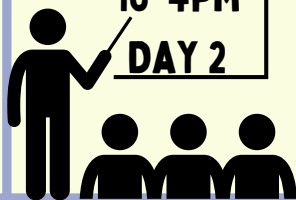
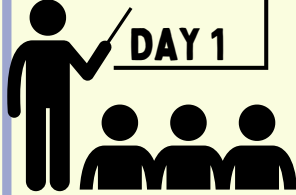
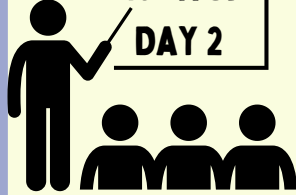
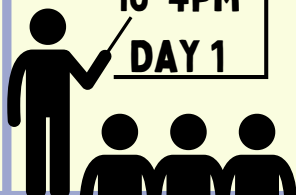
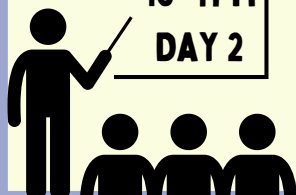
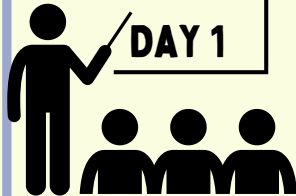
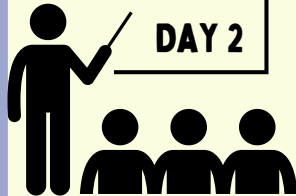
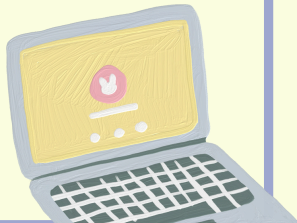
# JULY

Year: 2025

## July Training Schedule

To do list:



| MONDAY | TUESDAY | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY | SUNDAY |
|--------|---------|---|--|--|----------|--------|
|        | 1       | 2<br>10-4PM<br>DAY 1<br> | 3<br>10-4PM<br>DAY 2<br>    | 4  | 5        | 6      |
| 7      | 8       | 9   | 10<br>10-4PM<br>DAY 1<br>  | 11<br>10-4PM<br>DAY 2<br>  | 12       | 13     |
| 14     | 15      | 16  | 17<br>10-4PM<br>DAY 1<br> | 18<br>10-4PM<br>DAY 2<br> | 19       | 20     |
| 21     | 22      | 23  | 24<br>10-4PM<br>DAY 1<br> | 25<br>10-4PM<br>DAY 2<br> | 26       | 27     |
| 28     | 29      | 30  | 31   |                           |          |        |