

Famous People with Brain Diseases

DEPRESSION

Richard Dryfuss, Cole Porter, Drew Carey, Charles Schultz, Dick Clark, Edgar Allen Poe, Emma Thompson, Robin Williams, F Scott Fitzgerald, Charles Dickens, Janet Jackson, Sarah McLachlan, Sigmund Freud, Abraham Lincoln, Harrison Ford, Ernest Hemingway, Anthony Hopkins, Leo Tolstoy, Eric Clapton, Anthony Bourdain, Irving Berlin

BIPOLAR DISORDER

Jimmy Hendrix, Winston Churchill, Kurt Cobain, Ludwig Van Beethoven, Virginia Woolf, James Taylor, Patty Duke, Ted Turner, Francis Ford Coppola, Vincent Van Gogh, George Fredrick Handel, Marilyn Monroe, Theodore Roosevelt, Isaac Newton, Mel Gibson

SOCIAL PHOBIA

Carly Simon, Barbara Streisand, Kim Basinger, Sir Laurence Oliver

BULIMIA NERVOSA/ ANOREXIA NERVOSA

Paula Abdul, Princes Diana, Elton John, Demi Lovato, Jane Fonda, Dennis Quaid, Lady GaGa, Sally Field, Katie Couric, Karen Carpenter

PANIC/ANXIETY DISORDERS

Charles Darwin, Kim Basinger, Nicole Kidman, Drew Barrymore

SCHIZOPHRENIA

Brian Wilson, John Nash, Lionel Aldridge, Peter Green, Darrell Hammond

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Keweenaw Area
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900 W. Sharon Avenue
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About Dial Help

Dial Help is an agency in the Copper Country that provides our community members with support, outreach, and intervention for those who are in crisis, including a mental health crisis.

Dial Help provides 24-hour crisis phone line assistance, counseling, and helps people cope and maintain while waiting for professional help.

Dial Help: www.DialHelp.org

About NAMI

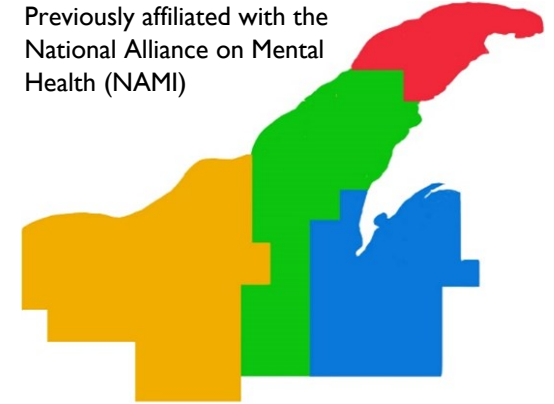
NAMI is a national, state and regional support group that offers excellent online resources. Both NAMI Michigan and national NAMI have websites with information about mental illness, educational programs, support activities and advocacy for those with mental illness.

NAMI: <http://www.nami.org>

NAMI Michigan: <http://namimi.org>

Mental Health Support Group Keweenaw Area

Previously affiliated with the National Alliance on Mental Health (NAMI)



Serving:

Baraga, Houghton, Keweenaw,
and Ontonagon Counties



We confidentially share our knowledge and experiences, but this should not be considered professional advice or treatment



YOU ARE WELCOME HERE

You may want to join us if you have a family member or friend with mental illness, or if you have mental illness yourself.

We are here to help & be helped

OUR MISSION

Our mission is to provide support, education, and advocacy for families and persons dealing with mental illness. We help each other learn about mental illness and the issues associated with it.

We partner with Dial Help, a nonprofit community crisis center. We are open to other activities that support our mission.

Some of our participants are active members of NAMI Alger-Marquette.

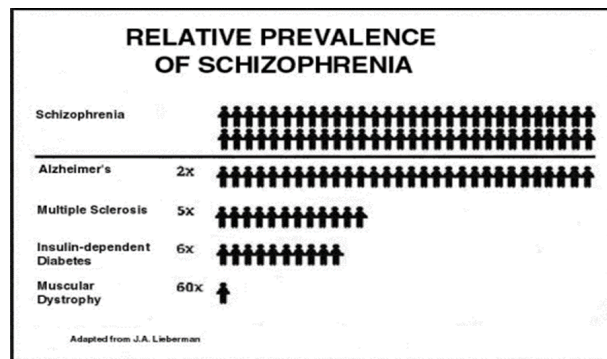
OUR MEETINGS

We meet on the second Wednesday of the month at 6 p.m. We usually meet at The Institute, 900 West Sharon Avenue, in Houghton, compliments of Copper Country Community Mental Health. Participants take turns providing refreshments, and we share leadership of the meetings.

The meetings are open to anyone, and there are no fees or dues.

OUR ACTIVITIES

We have a monthly meeting that provides an opportunity for confidential sharing and mutual support. We also sponsor programs, including speakers and films that address topics of interest to people with mental illness and their families. Participants are encouraged to suggest topics of interest for programs and discussions.



Facts About Brain Diseases

People with “mental illness” are those of us who suffer from brain chemistry imbalances. These vary in symptoms, severity, and treatability, and are more accurately described as “brain illnesses”. They are not a form of retardation, nor caused by poor parenting. People who suffer brain illnesses are more likely to be victims of violent crime, not perpetrators.

About 1 in 5 (43.8 million, or 18.5% of U S adults) in any given year suffers from a serious diagnosable brain illness.

16 million (6.9% of U S adults) will experience at least 1 major depressive disorder.

5.5 million (2.2% of U S adults) suffer from severe bipolar disorder.
51% are untreated!

2.8 million (1.1% of U S adults) suffer from schizophrenia.
40% are untreated!

Preventions and cures for brain diseases have not yet been developed, however, they can be treated with medication, therapy, and support services. Recovery is more likely if diagnosed and treated early.