



# QUARTERLY REPORT

## January - March 2018

### From the Desk of the Executive Director

Our agency has been working in the community for 47 years now, developing services that address local needs. We are excited to announce a new grant from the **Portage Health Foundation** for a youth-serving program.

Coming soon, our **Youth One Stop** will link at-risk youth to clinical crisis intervention and professional services for on-going care. When services can't be accessed due to financial or other barriers, Dial Help will provide services in-house via a new Social Worker and Family Support Worker. In this way, we hope to that ensure all youth receive the support they need, either in the community or from Dial Help.

We are also holding a stakeholder survey, and we would love to have your input! Find the survey here: [www.dialhelp.org/give-feedback](http://www.dialhelp.org/give-feedback)



**“People who do the kind of work you do truly make a difference for the better in this world.”**

- Dial Help Crisis Line Client

#### OUR FUNDING PARTNERS

97th District Court • Aspirus Keweenaw & Ontonagon Hospitals • Copper Country United Way • Kenneth Ryan Clark Memorial Fund • Keweenaw Community Foundation • MI Dept. of Health and Human Services • Michigan Sheriff's Association • National Suicide Prevention Lifeline • NorthCare Network • Portage Health Foundation • Superior Health Foundation • United Way of Dickinson County • United Way of Marquette • UP Health Systems Marquette & Portage • Walmart Foundation

# Community Impact

## CRISIS UNIT

24/7 Crisis Line • Safety Net Program  
 Mobile Response Team  
 Emergency Department Suicide Assessments

**1,395**  
 CRISIS  
 CONTACTS

## PREVENTION & EDUCATION

In-School Prevention • Alcohol Highway Safety  
 Anger Management • Community Crisis Intervention  
 ASIST • Domestic Violence Intervention Program

**227**  
 INDIVIDUALS  
 SERVED

## OTHER SERVICES

Family Support Services  
 Substance Use Disorder Services  
 Victim Services

**64**  
 INDIVIDUALS &  
 FAMILIES SERVED

## Board of Directors and Staff

<b>Board President</b> Tommy Gilpin, MEd	<b>Executive Director</b> Rebecca Crane, MS	<b>Crisis Unit Manager</b> Mike Gaunt, PhD	<b>Prevention Services</b> Kevin Weir, CPS Jeanette Dorh, MS Jenna Dahlstrom, BS Mary LeDoux, AS, BS Amy Baker, BS
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<b>Members</b> Fred Gaff Keith Meyers, BA	<b>IT Specialist</b> Cody Adkins		

# Supporter Spotlight

**LT. NICK ROBERTS, BOARD MEMBER**

"I'm on the Board of Directors because I believe strongly that the services Dial Help provides for the public are a necessity to our community."

## Houghton/Keweenaw CTC

Dial Help's Mary LeDoux coordinates the local Communities That Care (CTC) coalition.

This quarter, the CTC developed a Community Action Plan to prevent youth substance use and other problem behaviors.

They also announced the winner of the "Create the Logo" student art contest. See Inseo Yoon's winning design below!



Our CTC is funded by NorthCare Network. Learn more about UP-wide prevention efforts:

**[www.UPprevention.org](http://www.UPprevention.org)**



Thank you for awarding funds to expand our Safety Net Program!

# How Can You Help?

## VOLUNTEER AT DIAL HELP

Opportunities include crisis line services, victim services, internships, and more! Call 482-9077 or email [dial.help@dialhelp.org](mailto:dial.help@dialhelp.org).

This quarter, **13** volunteers provided **226** service hours.  
**Thank you volunteers!**

## DONATE GOODS OR SERVICES

We provide a letter so you can receive a tax deduction for the value of the goods or services. Professional maintenance or cleaning services are always appreciated!

**You can view our Amazon wish list at:**  
[www.DialHelp.com/getting-involved/donate](http://www.DialHelp.com/getting-involved/donate)

Dial Help is a 501(c)(3)  
non-profit agency.

**Any donations you make  
are tax deductible!**

## DONATE FUNDS

**PayPal:** Visit [DialHelp.org](http://DialHelp.org), click on the "Give Help" section, then the PayPal link

**Check:** Send a check or money order payable to Dial Help @ 609 Shelden Avenue, Houghton MI 49931

**Cash:** Accepted at Dial Help's offices

**Direct Withdrawal:** Set up a recurring direct withdrawal from your bank account

**Estate Planning:** Consider a legacy donation to Dial Help in your name

## **Dial Help Community Support & Outreach Center**

609 Sheldon Avenue, Houghton MI 49931

**Business:** 906-482-9077 • **Crisis:** 906-482-HELP • **Crisis Text:** 35NEEDS • **Online:** DialHelp.org

# **24/7 PHONE, TEXT, CHAT, & WALK-IN CRISIS LINE**

Available UP-wide to help people develop a plan to cope or stay safe.

## **SAFETY NET PROGRAM**

Follow-up support UP-wide for individuals with suicide risk, loss of a loved one to suicide, intense crisis, or Substance Use Disorder.

## **MOBILE RESPONSE TEAM**

Responds to requests from schools and agencies in the four-county area to provide face-to-face crisis intervention and connection to resources.

## **SUBSTANCE ABUSE YOUTH PREVENTION**

Curriculum-based school programming and Communities That Care (CTC) youth prevention coalition.

## **FAMILY SUPPORT SERVICES**

Working in-home with at-risk families to prevent child abuse and neglect.

## **VICTIM SERVICES TEAM**

Free counseling, advocacy, and court accompaniment, with 24-hour emergency response to victims of any type of crime.

## **SUBSTANCE USE DISORDER SERVICES**

Offering Drug & Alcohol Assessments and Outpatient Counseling for individuals dealing with substance abuse/addiction.

## **EMERGENCY DEPARTMENT SUICIDE ASSESSMENTS**

Determining suicide risk for patients at UP Health Systems Portage.

## **COMMUNITY EDUCATION**

Alcohol Highway Safety Classes, Domestic Violence Intervention Program, Anger Management Classes, Community Crisis Intervention Training, Applied Suicide Intervention Skills Training (ASIST), and other trainings as needed.