



QUARTERLY REPORT

January - March, 2022

Executive Director Wins Keweenaw Chamber's SparkPlug Award

At a ceremony on March 1, our Executive Director Rebecca Crane received the Keweenaw Chamber of Commerce Spark-Plug Award for Community Contributor of the year.

"This is a huge honor, for myself and for Dial Help," Crane said. "We're committed to making a difference in our communities, and it's wonderful to be acknowledged for these efforts."



Rebecca Crane, third from left in front row

"I called Dial Help as a teen and it saved my life, I'm grateful you're still here after all these years to help my son."

- Crisis Line Client

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The mission of Dial Help is to promote the physical, emotional, and social well-being of our communities.

Our motto is to "support, encourage, and empower all."

Community Impact

Our services are person-centered with the goal of empowering each individual to find their path to well-being.

CRISIS UNIT

24/7 Crisis Line • Safety Net Program
ED Suicide Assessments

553
CRISIS
CONTACTS

PREVENTION & EDUCATION

Youth One-Stop • Prevention
Teen Outreach Program • Education

398
INDIVIDUALS
SERVED

OTHER SERVICES

Family Support • Substance Use Disorder
Peer Recovery • Victim Services • Child Advocacy

160
INDIVIDUALS
SERVED

Board of Directors and Staff

<p>Board President Tommy Gilpin, MEd</p> <p>Vice President Lt. Nick Roberts</p> <p>Secretary Mary Heckel, MSW</p> <p>Treasurer Eli Karttunen, MSF</p> <p>Members Keith Meyers, BA Lauren Letto, SBM</p>	<p>Executive Director Rebecca Crane, MS</p> <p>Finance Manager Darrin Beiring, BSBA, EA</p> <p>Clinical Supervisor Pending</p> <p>Grant Writer/ Compliance Manager Ginny Machiela, BS</p> <p>Executive Assistant Heidi Ek, AA</p>	<p>Prevention Services Krissy Martens, MS Amy Baker, BS Jeanette Dorh, MS Lisa Simpson Jacob Oom, BS Callisto Cortez</p> <p>Mental/Behavioral Health Morgan Vallejo, MS, LLPC Mandy Daniels, BA Ashley Bakewell</p>	<p>Victim Services Virginia Lambert, MS Paige Setter-Hallwachs, BS Heather Saari, MS Heidi Hietala, RN</p> <p>Substance Use Disorder Kassy Kallio, Certified Peer Recovery Coach</p> <p>To maintain confidentiality, crisis line staff are not listed</p>
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Dial Help Supporters

Thank you to all those make our services possible!

SPOTLIGHT ON...

Detective-Lt. Charlie Klein
Houghton County Sheriff's Office

"[Dial Help's] Child Advocacy Center is a vital resource for our community and victims. Investigating a child sexual assault is an uncomfortable and sometimes awkward situation. The CAC makes it easier for a victim to communicate to the police exactly what happened."

VOLUNTEERS

This quarter,

11 volunteers

provided **2,168**

hours of service

OUTREACH



DialHelp.org
430 unique hits



@DialHelp
1.2K followers



@DialHelp
414 followers



2 Presentations
in the community

OUR FUNDERS

Aspirus Keweenaw & Ontonagon Hospitals • Division of Victim Services
FDA • HRSA • Kenneth Ryan Clark Memorial

Keweenaw Community Foundation • MIDHHS • MI Sheriff's Association

National Children's Alliance • National Suicide Prevention Lifeline

NorthCare Network • Portage Health Foundation • Prevention Network

Superior Health Foundation • Marquette Co. United Way • UP Health Systems

Department Updates

CRISIS UNIT

We continue to work with the National Suicide Prevention Lifelines on rolling out the new nationwide 988 hotline for suicide prevention. This is tentatively set to start in July of this year. They have a new website available for updates and information at <https://www.samhsa.gov/find-help/988>

In addition, we have added a page to our website where professionals can order crisis line and other materials for free. Items will ship directly to your location, and we especially encourage teachers, counselors, and others who work with youth to visit: www.dialhelp.org/order.

PREVENTION

Welcome to our new Houghton/Keweenaw CTC Coordinator, Callisto Cortez! Callisto grew up in the Houghton-Keweenaw community after moving from Milwaukee, WI. She is an alumni of Dollar Bay High School. Callisto is currently pursuing a Bachelors of Arts in Theatre with a minor in Technical Theater.

We have also revamped the website for our Teen Outreach Program, aka TOP Club. TOP meets weekly at five local schools, and we will be expanding to more next year. Learn more at www.uptopclubs.org.

VICTIM SERVICES

We have a page dedicated to providing information to victims of crime at www.dialhelp.org/vsu. We've added a list of victim service providers by county for those outside the Copper Country.

With special funding from the Division of Victim Services, we will soon be hiring a new staff person to support people who have been victimized. Watch www.dialhelp.org/careers for updates.

Our Child Advocacy Center continues providing support to victims of abuse and their families. Report abuse by calling Child Protective Services at 855-444-3911.

MENTAL HEALTH

We're excited to announce that we have hired Brian D. Rendel, LLP, LPC, NCC as our full-time Director of Clinical Services! Brian has worked with Dial Help on a part-time basis since 2010. He will also be providing continuing education to staff.

We have a new counselor who will provide mental/behavioral health and substance use disorder counseling starting in June.

Our Youth One-Stop staff continue working in local schools to provide crisis intervention and counseling services.

Media Mentions



News page now available on Dial Help's website

Stay up-to-date on the latest Dial Help happenings, grant awards, new programs, and more on our news page

www.dialhelp.org/news



SparkPlug Award Winners

<http://www.keweenawreport.com/featured/sparkplug-award-winners-announced/>



Copper Country schools to get teen clubs through grant

<https://www.wnmufm.org/health-and-human-services/2022-03-04/copper-country-schools-to-get-teen-clubs-through-grant>

The Daily Mining Gazette

Area non-profits receive \$643,208.76 from #GivingTuesday in 2021

<https://www.mininggazette.com/news/2022/01/area-non-profits-receive-643208-76-from-givingtuesday-in-2021/>

'Ring of Silence', forum shine light on human trafficking

<https://www.mininggazette.com/news/2022/02/ring-of-silence-forum-shine-light-on-human-trafficking/>

VOLUNTEER AT DIAL HELP

www.dialhelp.org/volunteer

DONATE FUNDS

Check: Send a check or money order payable to Dial Help

Cash: Accepted at Dial Help's offices

Direct Withdrawal: Set up a recurring direct withdrawal from your bank account

Estate Planning: Consider a legacy donation in your name

www.dialhelp.org/donate

DONATE GOODS/SERVICES

Professional maintenance or cleaning services appreciated!



DIAL HELP PROGRAMS

24/7 Crisis Line • Safety Net Program • ED Suicide Assessments
 Youth One-Stop • Prevention • In-Home Family Support • Victim Services
 Substance Use Disorder Services • Education

Dial Help • 609 Sheldon Avenue, Houghton MI 49931

Business: 906-482-9077 • **Crisis:** 906-482-HELP • **Crisis Text:** 35NEEDS • **Online:** DialHelp.org