



# QUARTERLY REPORT

## April - June 2019

### Celebration Success

Our Annual Celebration Fundraiser (formerly our Annual Gala) was a fun night of music with a silent auction. It was also a chance to recognize those who have supported our agency over the past year, including:

**Joe Kirkish** for donating \$10,000, the largest single donation we've ever received

**Portage Health Foundation** for their #GivingTuesday match of \$5,000

**Jim Waters and Melissa Santini** for more than three years of volunteer service

Our agency continues to grow thanks to the generosity of our funders and donors, and the dedication of volunteers and staff. You can find donors to our silent auction at [www.DialHelp.org/donors](http://www.DialHelp.org/donors)

#### Celebration Sponsors

##### \$100 and up

Chopp-Kallio Insurance  
Jacobson Funeral Home  
Martens Family Chiropractic  
UP Engineers & Architects  
UPPCO

##### Up to \$99

Copper Country Ford  
MI Tech Employees Federal CU  
Snap Fitness  
Portage Health Foundation

**“The entire class was a learning experience—well worth the time spent.”**

- Alcohol Highway Safety Client

Funded by: 97th District Court • Aspirus Keweenaw & Ontonagon Hospitals  
Blue Cross Blue Shield MI • Blue Cross Blue Shield of MI Foundation • City of Houghton  
Health Resources & Services Administration • Kenneth Ryan Clark Memorial Fund  
Keweenaw Community Foundation • MI Dept. of Health and Human Services  
MI Sheriff's Association • National Suicide Prevention Lifeline • NorthCare Network  
Portage Health Foundation • Superior Health Foundation • United Way of Dickinson County  
United Way of Marquette • UP Health Systems Marquette & Portage  
US Food & Drug Administration • West End Health Foundation

# SUPPORTER SPOTLIGHT

## Jim Waters, Volunteer

“Volunteering at Dial Help on the crisis line keeps me connected to the community, while providing me a greater understanding and appreciation of the needs of our community like no other volunteer service could.”

This quarter,

11 volunteers

provided 2,510.50

hours of service

**Thank you volunteers!**

## Dial Help Updates

We are excited to collaborate with **Upper Great Lakes Family Health Center** on their recent grant award from the Health Resources and Services Administration.

Our **Youth One-Stop** model has been so well-received that the Gogebic/Ontonagon Intermediate School District is independently funding continued YOS clinical services, crisis intervention, counseling, and support groups to their students.

We continue working with the **Beyond the Save consortium** to address opioid misuse and addiction in the UP. With funding from HRSA, the consortium has created a comprehensive needs assessment for the Upper Peninsula. You can now find BtS on social media at:

[www.facebook.com/beyondthesave](http://www.facebook.com/beyondthesave)

We are just beginning to offer **Peer Recovery Support** thanks to funding from NorthCare. Peer support workers are individuals who have been successful in the recovery process and help others working toward sustained sobriety.

**Thank You!**

**west end**  
**HEALTH**  
**FOUNDATION**

for grant funding to support our

**Safety Net Program**

# Community Impact

## CRISIS UNIT

24/7 Crisis Line • Safety Net Program  
 Mobile & Juvenile Justice Response Teams  
 ED Suicide Assessments • Youth One-Stop

**1,960**  
 CRISIS  
 CONTACTS

## PREVENTION & EDUCATION

Youth-Focused Prevention • Alcohol Highway Safety  
 Anger Management • Community Crisis Intervention  
 ASIST • Nonviolent Relationship Problem-Solving

**381**  
 INDIVIDUALS  
 SERVED

## OTHER SERVICES

Family Support Services  
 Substance Use Disorder & Peer Recovery Services  
 Victim Services

**244**  
 INDIVIDUALS  
 SERVED

## Board of Directors and Staff

<p><b>Board President</b> Tommy Gilpin, MEd</p> <p><b>Vice President</b> Lt. Nick Roberts</p> <p><b>Secretary</b> Mary Heckel, MSW</p> <p><b>Treasurer</b> Eli Karttunen, MSF</p> <p><b>Members</b> Keith Meyers, BA Lauren Letto, SBM</p>	<p><b>Executive Director</b> Rebecca Crane, MS</p> <p><b>Finance Manager</b> Darrin Beiring, BSBA, EA</p> <p><b>Clinical Supervisor</b> Brian Rendel, MA, LPC, LLP</p> <p><b>Sustainability Coordinator</b> Ginny Machiela, BS</p> <p><b>Crisis Unit Manager</b> Mike Gaunt, PhD</p> <p><b>Executive Assistant</b> Heidi Paoli, AA</p>	<p><b>Prevention Services</b> Jenna Laird, BS Chris Schuldt, BS Amy Baker, BS Doug Ploe, BS Heather Saari, BA</p> <p><b>Mental/Behavioral Health</b> Sue Kauppi, BS Mary Gaddis Nanci Klein, RN Natalie Morgan, LMSW Mandy Daniels, BA Kassy Kallio</p>	<p><b>Victim Services</b> Anne Dumble, MS Krissy Putz, MS Jeanette Dorh, MS Virginia Lambert, MS Kelly Engle, RN Heidi Hietala, RN Gayle Maslakow, NP Paige Setter-Hallwachs, BS</p> <p><b>Substance Use Disorder</b> Gail Ploe, BA</p> <p><b>Crisis Line Staff Not Listed</b></p>
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# Houghton/Keweenaw CTC



Check out our [Google Calendar](#) for upcoming work group and planning meetings!

## UP-Wide Prevention



### UP Coalition Network

Houghton/Keweenaw CTC is one of 14 coalitions working in each county of the Upper Peninsula to create safer, healthier communities for our youth.

Get involved in your county:

[www.UPCNetwork.org](http://www.UPCNetwork.org)

Resources & info also available at the site

## Happening Next Quarter

### After School TOP Club

TOP Club meets weekly in Baraga, Houghton, and Ontonagon Counties for resilience-building lessons. Youth participate in lesson-related activities including kayaking, skiing, rock climbing, camping, and more! Contact Chris at [teenoutreachprogram@dialhelp.org](mailto:teenoutreachprogram@dialhelp.org) or 906-482-8701 for summer meeting hours.

Funded by Portage Health Foundation.

### Family Fun Fair

Free event! August 10 from 3pm to 6pm at Saints Peter and Paul Lutheran Church .

### Suicide Prevention Walk

We are combining our 3rd Annual Suicide Prevention Walk with a walk/run/bike event being held by all CTCs in the Upper Peninsula! Will be held the last weekend in September.

## New Coordinator

Welcome Heather Saari as the new Coordinator for the Houghton/Keweenaw CTC! Heather is native to the area, with a Bachelor's Degree in Sociology.

Contact Heather at 906-482-8701 or [HoughtonKeweenawCTC@gmail.com](mailto:HoughtonKeweenawCTC@gmail.com) to learn more about how you can be part of revitalizing our coalition.



# DONATE FUNDS

[www.dialhelp.org/donate](http://www.dialhelp.org/donate)

**Check:** Send a check or money order payable to Dial Help

**Cash:** Accepted at Dial Help's offices

**Direct Withdrawal:** Set up a recurring direct withdrawal from your bank account

**Estate Planning:** Consider a legacy donation in your name

# VOLUNTEER AT DIAL HELP

[www.dialhelp.org/volunteer](http://www.dialhelp.org/volunteer)

# DONATE GOODS/SERVICES

Professional maintenance or cleaning services appreciated



## DIAL HELP PROGRAMS

24/7 Crisis Line • Safety Net Program • Mobile Response Team  
Youth One-Stop • Prevention • Family Support Services • Victim Services  
ED Suicide Assessments • Substance Use Disorder Services • Education

**Dial Help** • 609 Shelden Avenue, Houghton MI 49931

**Business:** 906-482-9077 • **Crisis:** 906-482-HELP • **Crisis Text:** 35NEEDS • **Online:** [DialHelp.org](http://DialHelp.org)