

OCTOBER 2020

UPPER PENINSULA SUICIDE PREVENTION COALITION

A broad coalition of people and organizations across the UP working to increase awareness on ways to help prevent suicide



Suicide Prevention Walks from Houghton/Keweenaw CTC, Marquette County Suicide Prevention Alliance, and CTC of Marinette/Menominee

WELCOME!

This newsletter is a quarterly point of contact for those working on suicide prevention in the UP. Feel free to forward to anyone who might benefit from it. Email dial.help@dialhelp.org to join the coalition; joining is free and allows you to submit information that you'd like included in this newsletter.

Between newsletters, you can watch for content on the Upper Peninsula Suicide Prevention Coalition Facebook page:

www.facebook.com/upspcoalition

We also have a website @ www.dialhelp.org/upspc

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24/7 CONTACT FOR THOSE AT RISK OF SUICIDE

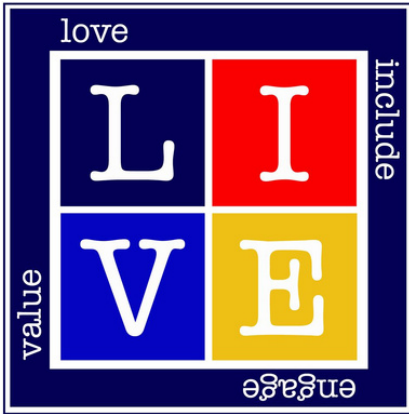
Call: 482-HELP or 800-562-7622
Text: 35NEEDS or 906-356-3337
Chat Online: www.dialhelp.org



OUR MISSION

To “help people help themselves” by providing immediate, accessible, and affordable services to the communities we serve.

LOCAL NEWS & UPDATES



There were 37 entries into the 2020 LIVE Art & Word Contest by amazing students from across Upper Michigan on the topic of mental health. The winner of the contest will receive \$500! [Click here to vote.](#)

If you'd like to learn more about the LIVE campaign or request LIVE materials, contact Amy at (906) 523-9688 or apoirier@greatlakesrecovery.org. [Follow LIVE on Facebook](#) to stay up-to-date on events.



[Gogebic County CTC](#) is supporting [Range Suicide Prevention Council](#) as they work to bring the [Be Nice program](#) to the area.



[Chippewa County CTC](#) promoted the [LIVE campaign](#), held a suicide prevention fundraiser, and a Step UP event in memory of a loved one lost to suicide. The distributed a variety of suicide prevention resources.

STATE & NATIONAL NEWS

Michigan public schools will be required to put a suicide prevention hotline number on student ID cards. [Click here for more info.](#)

The President signed into law a bipartisan bill to create a three-digit number for mental health emergencies. The Federal Communications Commission had already picked 988 as the number for this hotline and aims to have it up and running by July 2022.



Anyone who works or interacts with middle school aged children, this is an opportunity for you! Free virtual Guiding Good Choices classes coming soon to help enhance communication and healthy youth behavior. **Find upcoming classes** by [clicking here.](#)