



QUARTERLY REPORT

July - September, 2022

Giving Tuesday on November 29

We're excited to announce that our agency was selected as a recipient for Portage Health Foundation's Giving Tuesday match! If you donate to Dial Help through PHF by November 29, they will match funds up to \$200,000.

Funds from last year's Giving Tuesday were used to support our after-school Teen Outreach Program (TOP Club), Child Advocacy Center (CAC), Puppy Parade for Sexual Assault Awareness Month, launching our counseling program, and CPR training.

Donate at www.phfgive.org/giving-tuesday



"You are exactly what I needed right now. Someone to listen without judgement and let me get all of this out of my head."

- Crisis Line Client

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The mission of Dial Help is to promote the physical, emotional, and social well-being of our communities.

Person-centered services to support, encourage, and empower all.

Community Impact

Mental/Behavioral Health

Safety Net Program • Student Success Coaching
Family Support • SUD Services • Counseling

180
INDIVIDUALS
SERVED

Prevention & Education

In-School Prevention • Teen Outreach Program
Guiding Good Choices • ASIST • CTC

91
INDIVIDUALS
SERVED

Victim Services

Child Advocacy Center • Victim Support
Court Accompaniment • Resources

65
INDIVIDUALS
SERVED

Crisis Line 501 Total crisis contacts (call, text, chat)

Board of Directors & Staff

<p>Board of Directors</p> <p>Board President Tommy Gilpin, MEd</p> <p>Vice President Lt. Nick Roberts</p> <p>Secretary Mary Heckel, MSW</p> <p>Treasurer Eli Karttunen, MSF</p> <p>Members Keith Meyers, BA Lauren Letto, SBM</p>	<p>Administrative</p> <p>Executive Director Rebecca Crane, MS</p> <p>Finance Manager Darrin Beiring, BSBA, EA</p> <p>Sustainability Coordinator Ginny Machiela, BS</p> <p>Executive Assistant Heidi Ek, AA</p>	<p>Mental/Behavioral Health</p> <p>Brian D. Rendel, LLP, LPC, NCC Morgan Vallejo, MS, LLPC Kim Green, LMSW, CAADC Kassy Kallio, PRC Ashley Bakewell Amy Baker, BS Jacob Oom, BS</p> <p><i>To maintain confidentiality, crisis line staff not listed</i></p>	<p>Prevention</p> <p>Krissy Martens, MS Jeanette Dorh, MS Lisa Simpson Callisto Cortez</p> <p>Victim Services</p> <p>Virginia Lambert, MS Paige Setter-Hallwachs, BS Heather Saari, MS Heidi Hietala, RN</p>
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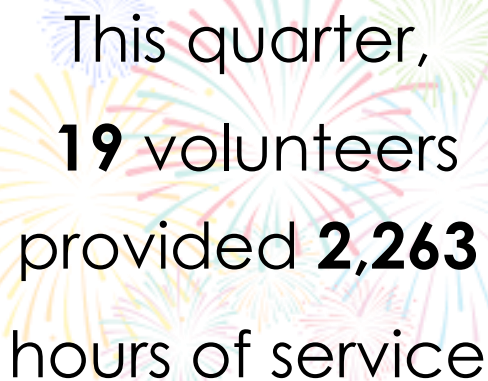
Dial Help Supporters

Thank you to all those make our services possible!

SPOTLIGHT ON... **Tracy Johnson, Dickinson/Iron CTC**

“Thank you for all the resources and information we have received from Dial Help. Our coalition has been able to share your Safety Net Program with so many people who are struggling. We are grateful for the work Dial Help is doing!

VOLUNTEERS



This quarter,
19 volunteers
provided **2,263**
hours of service

OUTREACH



DialHelp.org
405 unique hits



@DialHelp
1.3K followers



@DialHelp
444 followers



8 Presentations
in the community

OUR FUNDERS

Aspirus Keweenaw & Ontonagon Hospitals • Division of Victim Services
FDA • HRSA • Kenneth Ryan Clark Memorial Fund
Keweenaw Community Foundation • MIDHHS • MI Sheriff's Association
National Children's Alliance • NorthCare Network
Portage Health Foundation • Prevention Network
Superior Health Foundation • Marquette Co. United Way • UP Health Systems

Mental/ Behavioral Health

Our professional clinical services prioritize families and individuals in our community who have challenges connecting to mental health services, as well as individuals who are victims of crime.

In the coming months as clinical services grow, we will add counseling as well as clinical services for those with third-party assistance such as private health insurance, Medicaid, and Medicare.

We also provide school-based counseling and success coaching this school year to students in Chassell, Hancock, Horizons, Ewen-Trout Creek, and Ontonagon. Success coaching is designed to support students before a crisis develops, as well as provide support in a crisis situation.

Our Family Support Program workers continue to support parents/caregivers and their children referred by Child Protective Services (CPS).

As always, the crisis line is available 24/7:

- Call 906-482-9077 or 800-562-7622
- Text 906-35NEEDS (906-356-3337)
- Chat online at www.dialhelp.org

Prevention

With the school year back in swing, our Prevention staff have been busy!

TOP Club is an after-school program that promotes resiliency and leadership skills in youth: www.uptopclubs.com.

Botvin's Lifeskills is offered in schools and is proven to lower rates of youth drug use and violence.

The Houghton Keweenaw Communities That Care (HKCTC) is recruiting new members. Make a difference with just a few hours of your time each month: www.houghtonkeweenawctc.com.

Victim Services

Victim Services opened a satellite Child Advocacy Center (CAC) in Baraga, to limit travel time needed for youth sexual abuse survivors and their families to receive services.

The team has been educating local service workers on recognizing and supporting human trafficking victims, and a series of public presentations on sextortion is coming soon. Our staff continue working with Michigan Tech & Finlandia, providing education and resources.

Our National Advocate Credentialing has been renewed for the next two years.

Media Mentions



Suicide Prevention Town Hall

<https://news.nmu.edu/wnmu-tv-hosts-facing-suicide-town-hall>



Suicide Prevention Walk

www.uppermichiganssource.com/2022/09/09/houghton-group-hold-6th-annual-suicide-prevention-walk-picnic/

www.uppermichiganssource.com/2022/09/11/dial-help-inc-host-suicide-event-waterfront-park-houghton/



National Suicide Prevention Month

www.keweenawreport.com/c-c-today/copper-country-today-august-11-2022/

Suicide Prevention Walk

www.keweenawreport.com/featured/connect-with-the-community-at-kestner-park-for-the-906-families-suicide-prevention-picnic/

The Daily Mining Gazette

FACE Project

www.mininggazette.com/news/local-news/2022/09/addiction-recovery-there-is-a-way-out-there-is-a-solution-there-is-hope/

Substance Use Disorder

www.mininggazette.com/news/local-news/2022/09/take-the-first-step/

Volunteer at Dial Help⁶

www.dialhelp.org/volunteer

Donate Funds

Check: Send a check or money order payable to Dial Help

Cash: Accepted at Dial Help's offices

Direct Withdrawal: Set up a recurring direct withdrawal from your bank account

Estate Planning: Consider a legacy donation in your name

www.dialhelp.org/donate

Donate Goods/Services

Professional maintenance or cleaning services appreciated!



Dial Help Programs

24/7 Crisis Line • Safety Net Program • Student Success Coaching
Prevention • In-Home Family Support • Substance Use Disorder Services
Victim Services Child Advocacy Center Education

Dial Help • 609 Shelden Avenue, Houghton MI 49931

Business: 906-482-9077 • **Crisis:** 906-482-HELP • **Crisis Text:** 35NEEDS • **Online:** DialHelp.org