



# Comprehensive List of Programs

906-482-9077 (business line) • 906-482-HELP (crisis line) • [DialHelp.org](http://DialHelp.org)

## CRISIS UNIT PROGRAMS

**24/7 Phone/Text/IM/Walk-In Crisis Line:** UP-wide safety planning and referral to resources

**Safety Net Program:** UP-wide follow-up support for individuals dealing with suicide risk, suicide bereavement, complex crisis, or seeking Substance Use Disorder treatment

**Student Success Coaching:** In-school support for youth in local schools, with counseling available as needed (four-county\*)

## VICTIM SERVICE PROGRAMS (Four-County\*)

**24/7 Emergency Advocates:** Face-to-face support for victims of any crime who choose to go to the hospital, police department, or other locations

**Advocates:** On-going support for victims of crime, and/or their loved ones

**Child Advocacy Center:** Providing services to child victims of sexual or physical abuse

**Counseling:** Counseling for victims of any crime, past or present

**Court Accompaniment:** Explanation of the court process and victim rights

**Sexual Assault Nurse Examiners:** Providing forensic exams/court testimony for victims

## MENTAL/BEHAVIORAL HEALTH (in Houghton unless otherwise stated)

**Alcohol or Drug Assessments:** Assessing for addiction in individuals

**Peer Recovery:** Support for people dealing with addiction from a coach in recovery

**Substance Use Disorder Outpatient Counseling:** Individual addiction counseling

**Applied Suicide Intervention Skills Training (ASIST):** Community training (by request, UP-wide)

**Crisis Support 101:** Community training based on Dial Help's crisis line (by request, UP-wide)

## PREVENTION PROGRAMS

**Communities That Care (CTC):** Coordinating the coalition in Houghton/Keweenaw Counties, and providing support to other CTCs across the Upper Peninsula

**Family Support Services:** Working in-home to assist families in reaching healthy outcomes for parents and youth (four-county\*)

**In-School Prevention:** Providing curriculum-based programming for schools (four-county\*)

**Violence Prevention Education:** Community training (by request, four-county\*)

\* **NOTE:** Four-county = Baraga, Houghton, Keweenaw, and Ontonagon Counties

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