**WHE Group**

**Week 5 of 10 - The S for Spiritual - Religion or Relationship?**

What makes Christianity different?

Take a moment to pray and ask the Holy Spirit to open your heart. Examine the Bible Verses provided and write down the one(s) that most speak to you.

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Do you practice a religion? If so, what is it? If it’s Christianity, what does that mean specifically to you?

How do your beliefs affect the way you live each day?

The Bible has been described as the Living Word. Why do you suppose this terminology is accurate? Have you found it to be so?

From the Sample Goal Sheet, found a goal you can accomplish for next week. Write it down and make it SMART!

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I go through life as a transient on his (her) way to eternity, made in the image of God but with that image debased, needing to be taught how to meditate, to worship, to think.

**Donald Coggan**

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