

Healing Support Group for Indigenous Young Women Who've Faced Abuse  
From A Partner

# CONNECTION, EMPOWERMENT, SUPPORT.

Healing Together

13 week in-person group for Young Women aged 16–23\* who  
have faced abuse from a partner.

## Spring Group Set

### Join us to:

- Learn, connect, and be empowered together
- Be a part of an inclusive, supportive group
- Use When Love Hurts and intersectional frameworks to get clarity about partner abuse
- Identify your needs, strengths, and resources in a warm, supportive group setting
- Connect with your inner voice, tap into your wisdom and wisdom of the group
- Support with exploring and finding steps forward that are right for you
- Get support from a facilitator specializing in supporting women and girls facing violence

### Group Details:

- Weekly in person 1.5 hour sessions for 13 weeks starting **May 12<sup>th</sup>, 2025**
- For self-identifying young women 16–23
- Transit Accessible Burnaby location
- Inclusive group activities and supportive discussions
- Materials and resources included
- **Mondays from 5:30–7:00**
- No cost (*participants must have status for funding purposes*)

Facilitated by Tiffany  
Brown, MA, CCC  
Counsellor  
LIA Love In Action

\*Please contact us if  
you'd like to register  
and are outside this  
age range

## CONTACT US TO REGISTER

[info@lialoveinaction.ca](mailto:info@lialoveinaction.ca)

