



Hints of Tomorrow Life and Business Psychic Readings - Contract/Intake Form

Contact Information

Name: _____

Address: _____

Email: _____

Phone Numbers - Home/Office/Mobile: _____

Emergency Contact: _____

While it is my sincere hope that this information will never be needed, I kindly ask that you provide an alternate contact method in case of an emergency—either for yourself or a loved one. This is simply a precaution to ensure safety and responsible communication.

Strengths Finder:

Take your time in answering the following questions. Keep a copy for yourself, and always know – what is shared here, is shared for us to use in support of your growth. Nothing will go beyond our conversations without complete agreement from us both.

Yourself: Describe yourself

What do you love most about your current life?

What do you love least about your life?

What are your current top 3 biggest life challenges and why?

[illegible]

3.

[illegible]

Describe as best as you can your daily/weekly routine?

[illegible]

[illegible][illegible]

List 3 short-term goals you would like to work on with measurable results for each over the next 30 days (Hint: keep these simple)

[illegible]

[illegible]

[illegible][illegible]

What is the biggest opportunity/resource that you're not taking advantage of?

What are the negative things you typically tell yourself? (Make a list, please.)

What do you desire as your MAGICAL Leap in life for the next 4 months:

Results are an issue of personal responsibility. Simply signing up to work together is no guarantee that you will achieve results. BUT please know I am committed to your progress, and need you to do the same for yourself.

Are you ready and willing to make the changes necessary to achieve your goals? _____(Y/N)

How do you want me to support you, if I notice that you are falling off track? (I'm always loving...no worries!)

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

What is the most empowering and helpful thing I can do for you during our time together?

Hooray! You have already completed one of the most important steps to reaching the next level in your life! Give yourself a pat on the back and go celebrate.

A note about me : I work best with those who are willing, rather than those who doubt or resist everything. What it comes down to is: ***I truly want the best results for you out of our work.***

Do I have permission to gently call you on using excuses, avoiding, resisting recommendations if I see it happening?

_____ (Y/N)

Please save this as a pdf (in File menu above) and then email to me at triciafwhite@hintsoftomorrow.com