



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					Mattress Pad Project 10:00am-11:00am	
3	4	5	6	7	8	9
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm  GARDEN CLUB 1:30pm  TAI-CHI CLASS 10:00AM	Osteo Exer. 10am  KNITTING CLASS 10:00am-11:00am	HDM-Crafts 10:00am CANCELLED TIL SEPT. 3RD	Osteo Exer. 10am	Mattress Pad Project 10:00am-11:00am	
10	11	12	13	14	15	16
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm  TAI-CHI CLASS 10:00AM	Osteo Exer. 10am  KNITTING CLASS 10:00am-11:00am	HDM-Crafts 10:00am CANCELLED TIL SEPT. 3RD	Osteo Exer. 10am	Mattress Pad Project 10:00am-11:00am  Afternoon Dance 1:30 pm to 3:00pm By Glen Willis	
17	18	19	20	21	22	23
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm  TAI-CHI CLASS 10:00AM	Osteo Exer. 10am  KNITTING CLASS 10:00am-11:00am	HDM-Crafts 10:00am CANCELLED TIL SEPT. 3RD	Osteo Exer. 10am	Mattress Pad Project 10:00am-11:00am	
24	25	26	27	28	29	30
31						
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm  TAI-CHI CLASS 10:00AM	Osteo Exer. 10am  KNITTING CLASS 10:00am-11:00am	HDM-Crafts 10:00am CANCELLED TIL SEPT. 3RD  Veteran Rep. Clarissa Sierra 10:00am	Osteo Exer. 10am  Medicare In-Person Counseling Melissa Luna 10:00am  COA BOARD MEETING 8:30AM		