



March

2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm GARDEN CLUB 1:30pm TAI-CHI CLASS 10:00AM	Osteo Exer. 10am KNITTING CLASS 10:00am-11:00am Bereavement group 1:00pm Bridge, Cansasta at 1:00pm in the card room	HDM-Crafts 10:00am Learn Sign Language with Chole Young 1:00pm-3:00pm	Osteo Exer. 10am	Mattress Pad Project 10:00am-11:00am	
9	10	11	12	13	14	15
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm TAI-CHI CLASS 10:00AM	Osteo Exer. 10am KNITTING CLASS 10:00am-11:00am Bridge, Cansasta at 1:00pm in the card room	HDM-Crafts 10:00am Learn Sign Language with Chole Young 1:00pm-3:00pm	Osteo Exer. 10am	Mattress Pad Project 10:00am-11:00am	
16	17	18	19	20	21	22
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm TAI-CHI CLASS 10:00AM	Osteo Exer. 10am KNITTING CLASS 10:00am-11:00am Bridge, Cansasta at 1:00pm in the card room	HDM-Crafts 10:00am CATS by Angelica 10:30AM-11:30AM Learn Sign Language with Chole Young 1:00pm-3:00pm	Osteo Exer. 10am	Mattress Pad Project 10:00am-11:00am	
23	24	25	26	27	28	29
30	31					
	Fitness Room open Mon-Fri 9am to 12pm 1:00pm-2:30pm TAI-CHI CLASS 10:00AM	Osteo Exer. 10am KNITTING CLASS 10:00am-11:00am Bridge, Cansasta at 1:00pm in the card room	HDM-Crafts 10:00am VETERAN REP. Clarissa Sierra at 10:30am Learn Sign Language with Chole Young 1:00pm-3:00pm	Osteo Exer. 10am SHIP by Melissa 10:00am COA BOARD MEETING 8:30AM	Mattress Pad Project 10:00am-11:00am	