



Meet Bella

Positive Behaviour Support

About Me:

I'm a registered Positive Behaviour Support (PBS) Practitioner with Bachelor's degree in Psychological Science and extensive experience supporting individuals with disability and behaviours of concern. My journey began as a support worker and progressed through Behaviour Support and Therapy Assistant roles, where I worked with participants across all ages and needs, including ASD, ABI, downsyndrome, cerebral palsy, intellectual and psychosocial disabilities. This background and experience has given me a deep understanding of supporting individuals based on their own tailored needs and ensuring their quality of life is the best it can be,

I'm passionate about understanding the why behind behaviour and creating practical, person-centered strategies that help individuals and their support networks. Outside of work, I love spending time outdoors, playing tennis, staying active, and diving into books on psychology and human behaviour.

I am here to support with:

- Person-Centred Practice
- Evidence-Informed Planning
- Holistic Behaviour Assessments
- Functional Understanding of Behaviour
- Practical Skill Development
- Proactive Behaviour Prevention
- Strong Team Partnerships
- Ongoing Monitoring & Adjustment
- Ethical Restrictive Practice Reduction
- Meaningful Quality of Life Outcomes
- And So Much More...