

# Extended WELLNESS

As a Y member with extended wellness, you may use the Marinette-Menominee YMCA approved areas at any time. Other areas of the Y will be staffed during advertised hours of operation, but once the Y closes, there will be no Y staff on hand to assist members. After staffed hours of operation, ONLY MMYMCA adult members who have signed an extended access waiver and purchased a key fob will have access to the Fitness Center. THE Y IS STAFFED DURING THE FOLLOWING DAYS & TIMES

\* Day and times of operation can be found on our website. [mmymca.org](http://mmymca.org)

## AGE REQUIREMENTS

Extended access to the YMCA's Fitness Center is for Marinette-Menominee YMCA Members only, 18 years of age and older. Access is not available for Nationwide Membership visiting members. Each adult member wanting extended access is required to have their own key fob and must use it to gain access outside of staffed hours of operation. **Key fobs may not be shared with other members (including family).** Doing so would be a violation of our guidelines and will result in losing extended access to the YMCA and possible termination of membership.



## KEY FOBS

Adult Y members wanting extended access to the Marinette-Menominee YMCA will be required to sign an extended access waiver to receive their personal key fob for entry. **Each key fob per adult is \$25 to purchase (for example: if a spouse on the membership also wants to use extended access).** Extended access includes a **\$2.00 monthly fee per unit to be drafted with your monthly membership.** If a Y member damages or loses their key fob, they should report that to the Y as soon as possible. **A replacement key fob can be purchased for \$25.** Your key fob is unique to your membership and will allow access as long as your membership remains current. To access the facility, hold the key fob up to the fob reader to the left of the door, you will hear the door activate and see the reader light turn from red to green when the key fob is read. Upon activation, pull on the door to gain access (there is a 5 second time limit). Do not exit through the door marked emergency exit only. When entering and exiting the facility, please ensure the door closes behind you. Do not hold the door for anyone, as they will need to use their key fob for access. Doors are automatic and take a moment to open and close on their own.

## Guest Policy

Guests are welcome to use the Marinette-Menominee YMCA facilities, **during staffed hours of operation**, by paying the appropriate guest fee upon arrival. Guests will not be allowed extended access, as it is for members only. If a Y member provides extended access to a guest, that Y member will lose their extended access privileges and possible termination of membership.

## HONOR CODE

With the addition of extended access to our Fitness Center, the Marinette-Menominee YMCA is adopting a strict honor code based on Y values of honesty, respect, caring and responsibility. If a Y member fails to abide by the guidelines established, their extended access and potentially their membership will be revoked with no refunds given. These guidelines are in place for the safety and security of our members and deviations from our values are deemed inappropriate to our mission.



## SAFETY & SECURITY

Key fob is to be used only for your own personal entrance into the facility outside of staffed hours of operation. No "guest" usage permitted after staffed hours.

We highly recommend that you exercise with another member who has extended access, when doing so outside of staffed hours of operation. The Y has a 24 - hour surveillance system for security purposes.

Please note that this system does not provide staffing assistance for any emergency that might arise.

A phone is located near the welcome desk in case of emergency. In the event of an emergency, dial 9 then 911. The YMCA address is posted by the telephone and emergency personnel will be able to access the building during non-staffed hours of operation. Please park your vehicle in the front or handicap lot. Members with extended access can utilize the fitness center, but at their own risk.



### Greater Marinette Menominee YMCA

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**Greater  
Marinette-Menominee  
YMCA**

**Extended Wellness**