

## Gym Schedule

As of 1.18.21, Schedule subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 7 am-1 pm	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 4:30-8:45 am	Open Gym 6:00-7:45 am
	Y-Walk 8:15-8:45 am	Zumba 8:30-9:30 am	Y-Walk 8:15-8:45 am	Zumba 8:30-9:30 am	Pickleball 9:00-11:00 am	Zumba 8:00-8:45 am
	Pickleball 9:00-11:00 am	Pickleball 9:30-11:00 am	Pickleball 9:00-11:00 am	Pickleball 9:30-11:00 am		Body Combat 9:00-10:00 am
	Open Gym 11:00 am-8 pm	Open Gym 11 am-1 pm	Open Gym 11 am-4:00 pm	Open Gym 11 am-1 pm	Open Gym 11:00 am-6 pm	Open Gym 10:am-6 pm
	Homeschool BB Practice 1:00-3:00 pm		Homeschool BB Practice 1:00-3:00 pm			
	Open Gym 3:00-4:00 pm	Open Gym 3:00-4:00 pm	Body Combat 4:15-5:15 pm	Open Gym 3:00-8:00 pm		
	Zumba 4:00-5:00 pm		Open Gym 5:15-8:00 pm			
	Open Gym 5:00-8:00 pm					

Physical distancing is required when participating in activities with people who are not part of your "tribe" . people who you have been spending time with on a regular basis.

Please refrain from playing pickup basketball-this is not allowed during this phase of Michigan's opening.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM		Open Hockey	Open Hockey	Open Hockey	Open Hockey	Open Hockey	
7:30 AM							
8:00 AM	MMYHA						MMYHA
8:30 AM							
9:00 AM		Open Skate/ Senior Skate	Open Skate/ Senior Skate	Open Skate/ Senior Skate	Open Skate/ Senior Skate	Open Skate/ Senior Skate	
9:30 AM							
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10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM		Noon Skate	Noon Skate	Noon Skate	Noon Skate	Noon Skate	
12:30 PM							
1:00 PM		Open Skate	Open Skate	Open Skate	Open Skate	Open Skate	Open Skate
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2:00 PM							
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3:30 PM							
4:00 PM	Open Skate	Skating Lessons	MMYHA	MMYHA	MMYHA	Contract or Party Ice	Contract or Party Ice
4:30 PM							
5:00 PM							
5:30 PM		MMYHA					
6:00 PM				Open Skate			Open Skate
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7:00 PM	Broomball					Open Skate	
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