



GYM SCHEDULE

Greater Marinette-Menominee YMCA

Effective 2.17.23

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4:30-8:15 am Open Gym	4:30 am-8:30 am Open Gym	4:30-8:15 am Open Gym	4:30 am-8:30 am Open Gym	4:30-8:15 am Open Gym	6:00-7:00 am Open Gym	7:00 am-1:00 Open Gym
8:15-8:45 am Y-Walk	8:30-9:30 am Zumba	8:15-8:45 am Y-Walk	8:30-9:30 am Zumba	8:15-8:45 am Y-Walk	7:00-8:00 am Body Combat	
9:00-11:00 am Pickleball	9:30-11:00 am Pickleball	9:00-11:00 am Pickleball	9:30-11:00 am Pickleball	9:00-11:00 am Pickleball	8:00-8:45 am Zumba	
11:00 am-3:30 pm Open Gym	11:00 am-3:30 pm Open Gym	11:00 am-3:30 pm Open Gym	11:00 am-3:30 pm Open Gym	11:00 am-3:30 pm Open Gym	8:45 am-6:00 pm Open Gym	
3:30-5:30 pm After-School Program (1/2 gym) Open Gym (1/2 gym)	3:30-5:30 pm After-School Program (1/2 gym) Open Gym (1/2 gym)	3:30-5:30 pm After-School Program (1/2 gym) Open Gym (1/2 gym)	3:30-5:30 pm After-School Program (1/2 gym) Open Gym (1/2 gym)	3:30-5:30 pm After-School Program (1/2 gym) Open Gym (1/2 gym)		
5:30-8:00 pm Open Gym	5:30-8:00 pm Open Gym	5:30-8:00 pm Open Gym	5:30-8:00 pm Open Gym	5:30-7:00 pm Open Gym		

