

Gym Schedule

As of 1.18.21, Schedule subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 7 am-1 pm	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 4:30-8:15 am	Open Gym 6:00-7:45 am
	Y-Walk 8:15-8:45 am	Zumba 8:30-9:30 am	Y-Walk 8:15-8:45 am	Zumba 8:30-9:30 am	Y-Walk 8:15-8:45 am	Zumba 8:00-8:45 am
	Pickleball 9:00-11:00 am	Pickleball 9:30-11:00 am	Pickleball 9:00-11:00 am	Pickleball 9:30-11:00 am	Pickleball 9:00-11:00 am	Body Combat 9:00-10:00 am
	Open Gym 11:00 am-8 pm	Open Gym 11 am-1 pm	Open Gym 11 am-4:00 pm	Open Gym 11 am-1 pm	Open Gym 11:00 am-6 pm	Open Gym 10:am-6 pm
		Homeschool BB Practice 1:00-3:00 pm		Homeschool BB Practice 1:00-3:00 pm		
		Open Gym 3:00-4:00 pm	Body Combat 4:15-5:15 pm	Open Gym 3:00-8:00 pm		
		Zumba 4:00-5:00 pm	Open Gym 5:15-8:00 pm			
		Open Gym 5:00-8:00 pm				

Physical distancing is required when participating in activities with people who are not part of your "tribe" . people who you have been spending time with on a regular basis.

Please refrain from playing pickup basketball-this is not allowed during this phase of Michigan's opening.