



# POOL SCHEDULE

## Marinette-Menominee YMCA

Effective 1.11.2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	6:30 -10:00 am Lap & Water Walk	8:30-10:00 am Lap & Water Walk
8:15-9:00 am Water Warriors	8:15-9:00 am Waterworks	8:15-9:00 am Water Warriors	8:15-9:00 am Waterworks	8:15-9:00 am Water Warriors	10:15 am-5:00 pm Open Swim	10:15 am-12:50 pm Open Swim
9:00-10:00 am Water Walk	9:00-10:30 am Deep Water Walk (Shared Pool)	9:00-10:00 am Water Walk	9:00-10:00 am Water Walk	9:00-10:00 am Water Walk		
10:15 am-noon Open Swim	10:00-10:30 am Playtime with Amy	10:15 am-noon Open Swim	10:15 am-noon Open Swim	10:15 am-noon Open Swim		
12:15-12:45 pm Lap & Water Walk	10:45-noon Open Swim	12:15-12:45 pm Lap & Water Walk	12:15-12:45 pm Lap & Water Walk	12:15-12:45 pm Lap & Water Walk		
1:00-3:30 pm Open Swim	12:15-12:45 pm Lap & Water Walk	1:00-3:30 pm Open Swim	1:00-3:30 pm Open Swim	1:00-3:30 pm Open Swim		
3:45-4:45 pm Swim Team	1:00-3:30 pm Open Swim	3:45-4:45 pm Swim Team	3:45-4:45 pm Learners Camp	3:45-4:45 pm Swim Team		
5:00-5:45 pm Swim Lessons/ Lap & Water Walk (Shared Pool)	3:45-4:45 pm Learners Camp	5:00-5:45 pm Open Swim	5:00-5:45 pm Swim Lessons/Deep Water Walk (shared)	4:50-5:50 pm Open Swim		
6:00-7:00 pm Swim Lessons	4:45-5:45 pm Swim Team	6:00-7:00 pm Swim Lessons	6:00-7:00 pm Swim Lessons			
	6:00-7:00 pm Swim Lessons					

The pool schedule has changed to reflect recommendations during the COVID-19 pandemic. No more than twenty-four people may be in the pool area at any time, including during open swim. Maintain 6' between patrons, and place all used equipment in the "used equipment" bin to be sanitized prior to being reused.

Please honor the 15 minute gap between scheduled activities to allow for physical distancing in the locker rooms and in the pool. There are no shared pool times during fitness classes, swimming lessons and when Learners camp is utilizing the pool. If space permits, one lane may be added for lap swim during open swim times at the discretion of the lifeguard on duty.

All schedules may be found on our free App.

For additional information:

Terri Florek  
Aquatics Director  
tflorek@mmymca.org

Jenni Campbell  
Executive Director

# SWIM TEST

## THE LIFEGUARD IS RESPONSIBLE FOR ADMINISTERING A SWIM TEST TO ANYONE UNDER THE AGE OF 18 AND/OR ANY SWIMMER IN QUESTION!

- Swim the width of the pool - over and back using a productive flutter kick (legs at or near the surface) in the shallow end of the pool (If a lap lane is in the pool, swim from wall with basketball hoop to the life line and back.)
- Swim using either a paddle stroke or front crawl (Must swim on surface of water not under water.)
- Perform a back float for a minimum of 15 seconds or tread water for 30 seconds.
- If a swimmer is unable to complete these skills proficiently for the lifeguard on duty, the swimmer must stay in the shallow end of the pool. Non-swimmer that are less than 4'6" tall must stay in the shallow end of the pool (with active adult supervision\*.)
- \*Active Supervision means the adult must be in the water within arms reach at all times (1 adult per 2 children ratio) in the shallow end of the pool.
- Children with floatation belts require active adult supervision. If only one lifeguard on duty swimmers will be asked to sit on the side or move to the shallow end of the pool when the swim test is done.
- YMCA's Aquatic department is employed to provide all aquatic participants with the utmost level of safety while in and around the water. If a lifeguard determines that a floatation device is unsafe or being used in an unsafe manner, they will be expected to ask the patron (s) to immediately discontinue this type of behavior or exit the pool.

**ORANGE WRISTBANDS** are worn by swimmers who have **PASSED** the swim test. Bands are worn on the right wrist.

# POOL RULES

- Walk on deck, no walking in the pool gutter
- Children with flotation devices or non-swimmers (less than 4'6" tall) must be accompanied by an adult (18 years or older) in the water within arms reach. Children requiring flotation devices may not swim in the deep end during open swim, even with a parent.
- No diving in the shallow end
- No playing on the stairs or chairlift
- Swim test must be passed before entering the deep end
- Do not hang on lifelines or lane markers
- No gum, food, or drinks allowed in the pool area
- No dunking, pushing, or splashing others
- Proper swim attire must be worn
- Use of YMCA flotation devices only
- Follow slide and basketball hoop rules
- No back dives, flips, or twists
- Shower before entering the pool
- Breath holding activities prohibited

Failure to follow the rules may result in a "time out" on the

SHALLOW END	3'- 4'6"
DEEP END	4'6"- 9'
POOL CAPACITY	97 PEOPLE
Aqua Fitness Class Min.	3 PEOPLE



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