

**2024 LEOWSTRONG** 

## BIKERIDE

**MARINETTE-MENOMINEE YMCA** 



5.6 MILE | 13 MILE | 25 MILE | 50 MILE | 77 MILE | 100 MILE

The goal of the LEOWSTRONG BIKE RIDE is to help and support those with chronic illness, encourage healthy lifestyles and to keep Dr. Tom Leow's memory alive and active in our community.

Join us for a day full of live music, food, bouncy houses, five enhanced rest stops, and so much more!

MMYMCA.ORG/LEOWSTRONG-BIKE-RIDE

**beliin** health

JUNE 29, 2024





