



POOL SCHEDULE

Marinette-Menominee YMCA

Effective 6.10.20

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	5:00-8:00 am Lap & Water Walk	6:30 -10:00 am Lap & Water Walk	8:30-10:00 am Lap & Water Walk
8:15-9:00 am Water Warriors	8:15-9:00 am Waterworks	8:15-9:00 am Water Warriors	8:15-9:00 am Waterworks	8:15-9:00 am Water Warriors	10:15 am-noon Family Swim	10:15 am-12:30 pm Family Swim
9:15 - 10:00 am Family Swim	9:15 - 10:00 am Family Swim	9:15 - 10:00 am Family Swim	9:15 - 10:00 am Family Swim	9:15 - 10:00 am Family Swim	12:15-1:15 pm Lap & Water Walk	
10:15-11:00 am Y-Kids Jr.	10:15-11:00 am Y-Kids Jr.	10:15-11:00 am Y-Kids Jr.	10:15-11:00 am Y-Kids Jr.	10:15-11:00 am Y-Kids Jr.	1:30-3:00 pm Family Swim	
11:15am-12:00pm Family Swim	11:15am-12:00pm Family Swim	11:15am-12:00pm Family Swim	11:15am-12:00pm Family Swim	11:15am-12:00pm Family Swim		
12:15-12:45 pm Lap & Water Walk	12:15-12:45 pm Lap & Water Walk	12:15-12:45 pm Lap & Water Walk	12:15-12:45 pm Lap & Water Walk	12:15-12:45 pm Lap & Water Walk		
1:00-4:00 pm Y-Kids	1:00-4:00 pm Y-Kids	1:00-4:00 pm Y-Kids	1:00-4:00 pm Y-Kids	1:00-4:00 pm Y-Kids		
4:00-6:15 pm Stingrays Practice	4:00-6:15 pm Stingrays Practice	4:00-6:15 pm Stingrays Practice	4:00-6:15 pm Stingrays Practice	4:15-5:30 pm Family Swim		
6:30-7:30 pm Family Swim	6:30-7:30 pm Family Swim	6:30-7:30 pm Family Swim	6:30-7:30 pm Family Swim			

The pool schedule has changed to reflect recommendations during the COVID-19 pandemic. No more than twenty-four people may be in the pool area at any time, including during family swim. Maintain 6' between patrons, and place all used equipment in the "used equipment" bin to be sanitized prior to being reused.

Please honor the 15 minute gap between scheduled activities to allow for physical distancing in the locker rooms and in the pool. There are no shared pool times, specifically during fitness classes and when the Y-Kids summer camp is utilizing the pool. Family Swim requires that an adult be in the pool to enforce physical distancing from swimmers not in their immediate family.

All schedules may be found on our free App.

For additional information:

Terri Florek
 Aquatics Director
 tflorek@mmymca.org

Terri Falkenberg
 Executive Director

SWIM TEST

THE LIFEGUARD IS RESPONSIBLE FOR ADMINISTERING A SWIM TEST TO ANYONE UNDER THE AGE OF 18 AND/OR ANY SWIMMER IN QUESTION!

- Swim the width of the pool - over and back using a productive flutter kick (legs at or near the surface) in the shallow end of the pool (If a lap lane is in the pool, swim from wall with basketball hoop to the life line and back.)
- Swim using either a paddle stroke or front crawl (Must swim on surface of water not under water.)
- Perform a back float for a minimum of 15 seconds or tread water for 30 seconds.
- If a swimmer is unable to complete these skills proficiently for the lifeguard on duty, the swimmer must stay in the shallow end of the pool. Non-swimmer that are less than 4'6" tall must stay in the shallow end of the pool (with active adult supervision*.)
- *Active Supervision means the adult must be in the water within arms reach at all times (1 adult per 2 children ratio) in the shallow end of the pool.
- Children with floatation belts require active adult supervision. If only one lifeguard on duty swimmers will be asked to sit on the side or move to the shallow end of the pool when the swim test is done.
- YMCA's Aquatic department is employed to provide all aquatic participants with the utmost level of safety while in and around the water. If a lifeguard determines that a floatation device is unsafe or being used in an unsafe manner, they will be expected to ask the patron (s) to immediately discontinue this type of behavior or exit the pool.

ORANGE WRISTBANDS are worn by swimmers who have **PASSED** the swim test. Bands are worn on the right wrist.

POOL RULES

- Walk on deck, no walking in the pool gutter
- Children with flotation devices or non-swimmers (less than 4'6" tall) must be accompanied by an adult (18 years or older) in the water within arms reach
- No diving in the shallow end
- No playing on the stairs or chairlift
- Swim test must be passed before entering the deep end
- Do not hang on lifelines or lane markers
- No gum, food, or drinks allowed in the pool area
- No dunking, pushing, or splashing others
- Proper swim attire must be worn
- Use of YMCA flotation devices only
- Follow slide and basketball hoop rules
- No back dives, flips, or twists
- Shower before entering the pool
- Breath holding activities prohibited

Failure to follow the rules may result in a "time out" on the pool deck or dismissal from the pool area.

SHALLOW END	3'- 4'6"
DEEP END	4'6"- 9'
POOL CAPACITY	97 PEOPLE
Aqua Fitness Class Min.	3 PEOPLE

