

Gumba's LUNCH-SIZED "PASTA-FAVORITES" Menu

AVAILABLE ALL DAY

Great Selection of Pastas: Vegetarian & Non-Vegetarian Options

Lunch portions (sizes) are smaller than portions from the GUMBA'S Menu. Side-dishes can be added for an additional cost. FULL MEALS include a side dish and garlic bread. Please see GUMBA'S FULL Menu for additional and/or better pricing

\$15 Pasta-Artist (LUNCH-SIZE) – THREE (3) STEP PROCESS

- **Step 1:** Choose your Pasta (Angel Hair, Spaghetti, Penne, Fettuccine, Linguine, Rigatoni, OR Gluten-Free-Penne)
- **Step 2:** Choose your Pasta sauce (Marinara Sauce; Meat sauce; Alfredo (Creamy) Sauce; Romano (Creamy-Marinara) Sauce; Pesto Sauce; Creamy-Pesto Sauce; **Cajun (Spicy-Mushrooms-Onions); Arrabbiata (Spicy-Marinara);** OR Garlic-Butter-Sauce
- **OPTIONAL ADDITIONAL Step 3:** Choose your Protein (for an additional charge). For +\$5 (Add Grilled Chicken, OR One Meatball, OR Sautéed Chicken, OR Tilapia-Fish; OR One Italian-Sausage-Link, OR Ground-Beef, OR Steamed-Vegetables)
- For +\$7 (Add **Cajun-Louisiana-Hotlink-Sausage, OR Cajun-Grilled-Chicken,** OR Prosciutto, OR Trout).
- For +\$10 (Add Calamari, OR Bay-Shrimp, OR Prawns, OR Catfish)
- For +\$13 (Add Salmon, OR 10-OZ-Rib-Eye-Steak, OR Sirloin-Steak, OR Scallops, OR New-Zealand-Mussels)

\$17 LUNCH-SIZE PASTAS WITH CHICKEN OR TILAPIA Fish

- ❖ **Chicken Parmigiana** – breaded chicken breast topped with meat sauce. Baked with mozzarella cheese
- ❖ **Fettuccine Chicken Alfredo** – sautéed chicken mixed with Alfredo (creamy white sauce)
- ❖ **Fettuccine Chicken Primavera** – sautéed chicken and vegetables. Mixed with Marinara-cream sauce
- ❖ **Cajun Linguine Chicken** – sautéed spicy chicken and mushrooms. Mixed with Spicy Cajun sauce
- ❖ **Tilapia over Spaghetti pasta** – served with garlic-butter-white wine sauce, and capers

\$17 LUNCH-SIZE PASTAS WITH RED MEATS (Beef and/or Pork)

- ❖ **Spaghetti with Meatballs** – served with meat sauce
- ❖ **Tortellini with meat sauce** – ring-shaped “belly button” pasta filled with a delicious blend of ground beef, ricotta, and Romano cheeses
- ❖ **Meat Lasagna** – layers of ground beef and sausage mixed with cheese. Served with meat sauce
- ❖ **Baked Rigatoni Salami** – Salami mixed with meat sauce. Baked with mozzarella cheese
- ❖ **Spaghetti with ONE (1) Italian Sausage** – meat sauce mixed with Italian Sausage link

11.07.24. NOTES: Upon request, most pasta dishes can be made with GLUTEN-FREE ingredients and/or with GLUTEN-FREE PENNE PASTA. Gumba's does NOT guarantee against the risk of cross-contamination. For most dishes, Pasta may be substituted with Mashed Potatoes

- ❖ **Spaghetti with Mushroom Meat sauce** – sauteed mushrooms mixed with Bolognese sauce
- ❖ **Penne Excelsior** – grilled Italian Sausage Link sauteed w/ Mushroom-onion sauce. Baked w/ mozzarella cheese
- ❖ **Cajun Penne Spicy Excelsior** – grilled Hot Louisiana Sausage Link sauteed with Cajun-Mushroom-onion sauce. Baked with mozzarella cheese

\$16 VEGETARIAN 🍷 LUNCH-SIZE DISHES

- ❖ **Cheese Manicotti** - served with either Marinara Sauce OR Alfredo Sauce
- ❖ **Cheese Ravioli** – served with Marinara Sauce
- ❖ **Spinach Ravioli** - served with either Marinara Sauce OR Alfredo (creamy) Sauce
- ❖ **Steamed Veggie Platter** – assorted seasonal vegetables first steamed. Then sauteed with garlic and olive oil. Served over Rigatoni Pasta
- ❖ **Baked Rigatoni Eggplant** – eggplant sauteed with Marinara sauce. Topped & baked with mozzarella cheese
- ❖ **Gnocchi** (Potato-based pasta) with your choice of either Pesto Sauce OR Marinara Sauce
- ❖ **Vegetable Lasagna** – served with Marinara Sauce and mozzarella cheese
- ❖ **SPICY Penne Arrabbiata** – Pasta mixed with spicy marinara, chopped tomatoes, basil, garlic, & hot peppers
- ❖ **Spaghetti Bistro** – fresh tomatoes, artichoke hearts, garlic, basil, and extra-virgin olive oil
- ❖ **Vermicelli Pomodoro** – sauteed with fresh basil, fresh garlic, black olives, sun-dried tomatoes & olive oil
- ❖ **Fettuccine Asparagus & Zucchini Primavera** – mixed with marinara sauce and cream sauce
- ❖ **Penne Primavera** – mixed seasonal vegetables, extra-virgin olive oil, garlic, and marinara-cream sauce

\$22 LUNCH-SIZE GOURMET (IE. SEAFOOD, PROSCIUTTO, ETC.) PASTA DISHES

- ❖ **Linguine Prawns ala Roma** – sauteed prawns and mixed with a delicious mushroom-onion sauce. Served over Linguine
- ❖ **Cajun Linguine Prawns** – sauteed prawns and mixed with a creamy Cajun-Spicy Marinara-base. Mixed with mushrooms & onions. Served over Linguine pasta
- ❖ **Fettuccine Creamy-Carbonara** – Pancetta (Italian bacon) in CREAMY-BASED sauce. Served with Peas
- ❖ **Steamed Shellfish Over Pasta** – Clams and prawns in a garlic butter white wine sauce. Served over Rigatoni pasta
- ❖ **Fettuccine Shrimp Alfredo** – jumbo shrimp & bay shrimp sauteed with fresh garlic in Alfredo sauce
- ❖ **Scampi over Angel Hair** – tiger prawns sauteed w/ garlic, shallots, & lemon-Chardonnay wine sauce

SIDE DISHES can be added to any meal (**Please see Appetizers MENU for additional side options**):

- New-England Clam chowder \$8
- Garlic bread with cheese \$7
- Minestrone soup \$6
- Side Steamed Vegetables \$6
- Garlic bread \$5

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