

Yoga ♥ Pilates ♥ Fitness ♥ Swimming

Name of participant(s):

Age(s):

Address:

City, State, Zip:

Phone:

Email:

Emergency contact:

Physician:

Hospital:

Please read and initial:

- Financial responsibilities: as a client, you are purchasing private or group sessions. Payments are due monthly and upfront, the 1st week of each month. There will be a late fee of \$25 per week thereafter. _____

Accepting: Apple Pay (direct text) & Venmo - Marlena Groomer @FitnessMisFITs

- Cancellations: 48hrs in advance in order for a makeup lesson. (No makeups for cancellations the day of, or for any group classes). _____

- Photos / Videos: I hereby release to Marlena Groomer any videos or photos taken during classes, and allow them to be used for her personal use on Fitness MisFITs or Swim with Marlena web, newsletter or social media outlets. _____

- Inclement weather for swim and water therapy: Lessons are taught in the rain as long as there is no lightning present. If it thunders, makeups are not offered. Please come to the lesson- land drills and yoga for swimmers will be offered. _____

- Professional representations: as per the attached agreement and release of liability you acknowledge that to the best of your knowledge you or your child have no medical condition that contraindicates your or your child's participation in swim lessons, fitness sessions or physical activity. You also acknowledge that should you or your child develop an injury or condition that limits your or their participation in fitness training or swimming you are obligated to inform Marlena Groomer and instructors before continuing any sessions. _____
- Under no circumstances do you hold Marlena Groomer, contract instructors, or the City of Bellaire liable for loss damage or vandalism to your personal property on or around the premises of any used pool or place of fitness session. You also agree that you are responsible for your own actions and that you will follow any and all rules governed by the City of Bellaire. _____
- Release of Liability: In consideration of participation in the private training programs and use of swimming pool at City of Bellaire, I do hereby waive, release, and forever discharge Marlena Groomer and The City of Bellaire, contract instructors, its officers, employees, representatives, and all others from any and all responsibilities or liability for injuries or damages resulting from my or my child's voluntary participation and any activities or use of pool at City of Bellaire or private home. _____
- I understand and am aware of the use of fitness equipment and swimming pools is a potentially hazardous activity and there is a risk of injury. I willingly and voluntarily choose to participate and/or let my child participate with the knowledge of the potential dangers involved. _____
- I or my child have no known condition, disease, injury, and declare myself or child physically sound to participate in the personalized private training activities and equipment and use of any swimming pool in the City of Bellaire or private home. If condition or injury is known/present I am providing a doctor's clearance for activity. _____

Printed Name:

Date:

Signature: