



A FREE GUIDE FROM ALTURA REALTY GROUP

Home Safety Checklist A Room-by-Room Guide

Practical, low-cost changes any family can make — plus where Houston-area families can turn for extra help.



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A Room-by-Room Guide

Practical, room-by-room steps — simple changes to make now, and where to turn for extra help. Nothing here requires a major renovation to get started.

Entryways & Exterior

Simple changes: add or improve outdoor lighting at entry points; keep walkways even and clutter-free.

Where to get help: Rebuilding Together Houston and the Houston Housing Authority's OAHMP both provide ramps at no or low cost for qualifying homeowners.

Bathrooms

Simple changes: add non-slip mats or strips in the tub/shower; move frequently used items to easy-reach height.

Where to get help: grab bars, raised toilet seats, and shower transfer benches are available through OAHMP, Rebuilding Together Houston, and Houston Habitat's Senior Repair Program.

Stairs & Hallways

Simple changes: secure handrails on both sides of stairways; clear cords and clutter from walking paths; add nightlights for hallways and bathrooms.

Where to get help: Rebuilding Together Houston can address structural handrail or stair repairs for qualifying homeowners.

General Home Safety

Simple changes: test smoke and carbon monoxide detectors; keep a fire extinguisher accessible; remove or tape down loose rugs; keep pathways clear.

Where to get help: the Houston Health Department's Aging & Disability Resource Center can point families toward minor home-modification assistance and safety resources.

Kitchen

Simple changes: reorganize cabinets so daily-use items are within easy reach; consider lever-style faucet handles, which are easier to grip than knobs.

Communication & Emergency Planning

Simple changes: post emergency contacts somewhere visible; set up a regular check-in call schedule; look into a medical alert device or service; organize medications with a weekly pill organizer or ask about pharmacy delivery.

Where to get help: the Houston Health Department offers caregiver support; the Alzheimer's Association helpline is available 24/7 if memory concerns are part of the picture.

Financial & Legal Preparation

Simple changes: confirm a power of attorney and updated will are in place; gather account and insurance information in one place.

Where to get help: Houston Lawyer Referral Service can connect the family with an elder law attorney; Lori (CPA) can walk through how any of this intersects with a future home sale.

Want a second set of eyes on your family's situation?

We offer a free, no-obligation Senior Transition consultation — no pressure, no timeline required.



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