

F.I.T. @ PRC
GET FIT AT WORK!



You have 90 seconds to make as many 3 point baskets as you can. You must retrieve your own rebounds



*Both Men's and Women's
1st and 2nd Place
Finishers. Trophies and
\$50 gift cards for first
place finish and \$25 gift
cards for second place*

**Wednesday, Nov. 19th
12pm - 1pm
Outdoor Basketball Court
Walk Up Event
No Sign Up Required**