

- 3 players per team on the court (must include a men or a women). You may have 1 sub.
- Matches will be played to twenty-five (25) by rally scoring. You must win by 2 pts. This a one and done tourney.
- Ball hitting net on serve is a live ball.
- Server must be behind line.
- Teams rotate clockwise upon receiving serve.



- Contact with the ball must be a "clear" hit. No palming, lifting, pushing or carrying of the ball allowed. Any palming or pushing of the ball will be called a lift.
- Ball may be contacted by any part of the body. Use of head, fist, and feet are permissible.
- Ball cannot be contacted twice in succession by the same player; however, simultaneous contacts by more than one player on same team are allowed and are considered as one play. Players participating in such simultaneous contact may participate in the next play.
- Touching net at any time is a foul, except when a hard driven spike forces net into a player while he/she is on his/her side of the court. Any player that touches the net after spiking a ball, the play will be whistled and called a side out.
- A player may reach over the net while blocking or in follow-through of a hit ball, but cannot reach over net in attempt to intercept ball until opponent has completed attack. Thus, a spiked ball cannot be blocked until it has been hit.
- Three hits maximum each side; except when ball touches blockers hand(s) (three more hits are legal).
- A girl must hit the ball at least once before it goes over the net unless there are less than three total hits.



• A player cannot attack or block the ball directly off the serve.