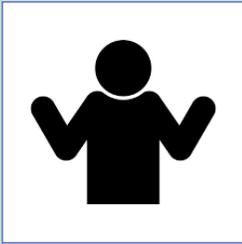




Hula Hoop Throw-down!

**March 23rd - 27th
FIT@PRC**



*How Many Hula Rotations Can
You Do in a Minute?*

\$25 Gift Card To The Hula Champ!



*Exercise hula hoops are one of the best
ways to work your core muscles for a
toned, strong midsection.*

And have a blast doing it!

This is a walk up event at FIT@PRC

