

"HUDDLE UP"

WITH **F.I.T. @ PRC** ON



SLACK

**SCAN
TO
JOIN!**

NAVIGATING OUR SERVER

Channels

Located on the side bar are our #channels for various sports and activities. Click on your channel of interest to communicate, form groups, and plan meetups!

Direct Messages

Beneath the channels are your direct messages. Here, you can communicate with individual fitness buddies!



FOR MORE INFO VISIT [FITPRC.COM](https://fitprc.com)

Located above the Gateway Cafe at
7677 Gateway Blvd., Newark CA