



Study of Philippians

*The house church at Philippi  
and beyond  
with the women who led there.*

“Grace and peace to you from God our  
Father and the Lord Jesus Christ.”

## Table 3

## Philippians 1:1-11

“Grace and Peace to you from God our Father and the Lord Jesus Christ.”

Grace was a normal letter writing greeting to Greeks. Shalom is a normal greeting to Jews. However, behind Paul's greeting was a deeply personal relationship with the spiritual side of both grace and peace.

*Charis* can be succinctly translated as *grace*. As in the “unmerited favor of God.”

*Peace* is unachievable based on human effort. Humans are born hostile to God.

What do the words Grace and Peace mean to you personally?

Are you having a difficult time sharing Christ with someone in your life who is hostile to Christianity? How can we come alongside you in prayer?

Can you commit to reading Philippians every week during this study?

How do you handle conflict in your life? What's your go to action plan?

Read Philippians 2:25-30. Does it help you to know Paul's work gave him anxiety? Where are you currently experiencing anxiety in your life?

*Koinonia* “In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from first day until now,” verses 4-5. How are you praying for your gospel partners?

Spend some time discussing Paul's prayer in verses 9-11. Is this how you pray? Are your prayers more physical needs based or are they becoming more spiritual needs based?

Share your bright spots!

