Flipping Tables Podcast



Study of Philippians

The house church at Philippi and beyond with the women who led there.

"Grace and peace to you from God our Father and the Lord Jesus Christ."

Table 3 Philippians 2

Sometimes unity feels like an unattainable goal. Read and discuss unity with others.

Philippians 2 Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, 2 then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. 3 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, 4 not looking to your own interests but each of you to the interests of the others.

I find myself desperate for the koinonia which is what's described in these verses. We can have this unity/fellowship with one another because we have it with Christ. Read I John I:6-7

Putting others first is the mark of our faith. All rebellion against God corresponds with a disregard for others. Read Philippians 2:5-11. Contrast Satan trying to ascend with Jesus descending.

## Pride versus Humility

Share an example of when you have seen someone demonstrate extraordinary humility? Do you see a difference when you focus on others' needs rather than your needs?

## Mountain versus Valley

Philippians 2:12-18 is the practical Christianity that follows the mountain top revelation of Christ. *There is no point to the mountain top experience unless it is worked out in the valley.* 

## Grumbling versus Shining

"Do everything **without** grumbling or arguing"...means we are to be in submission to God. Arguing is from a Greek word which we get our word **dialogue** from. Our internal dialogue affects the way we shine before a "warped and crooked generation." What changes can you make to fine tune your internal dialogue?