

What happens during a Comfort Care Session?



HOME
SWEET
HOME

Home Visit

After being paired with one of our Comfort Care representatives, they will reach out to you to book an appointment which will take place in the comfort of your own home.

Relaxation

We will arrive at your home and set up a relaxing space for your session. You are welcome to guide us to a bed in your home, or we can set up our massage table in your favorite space. With our warm energy, music, and aromatherapy, we can make any space in your home an oasis.



Reiki & Meditation

You will lay in this space while we guide you through a Reiki healing session. We will help you focus on your breath to bring you to a relaxed state and use our energy healing techniques to reduce stress, and promote balance of your body and mind. We will offer USDA certified organic topical pain cream and broad spectrum CBD to enhance your experience, if you wish.



Journaling & Discussion

At the end of your session, you will be given the opportunity to journal about your experience. You can also use this time to talk with your Comfort Care practitioner and share whatever is on your mind if you'd like to do so.



Payment: Price \$125

Our comfort care sessions require payment 24 hours before your session, a link for payment will be sent with your confirmation. You may also choose to pay via cash or Venmo if you prefer.

